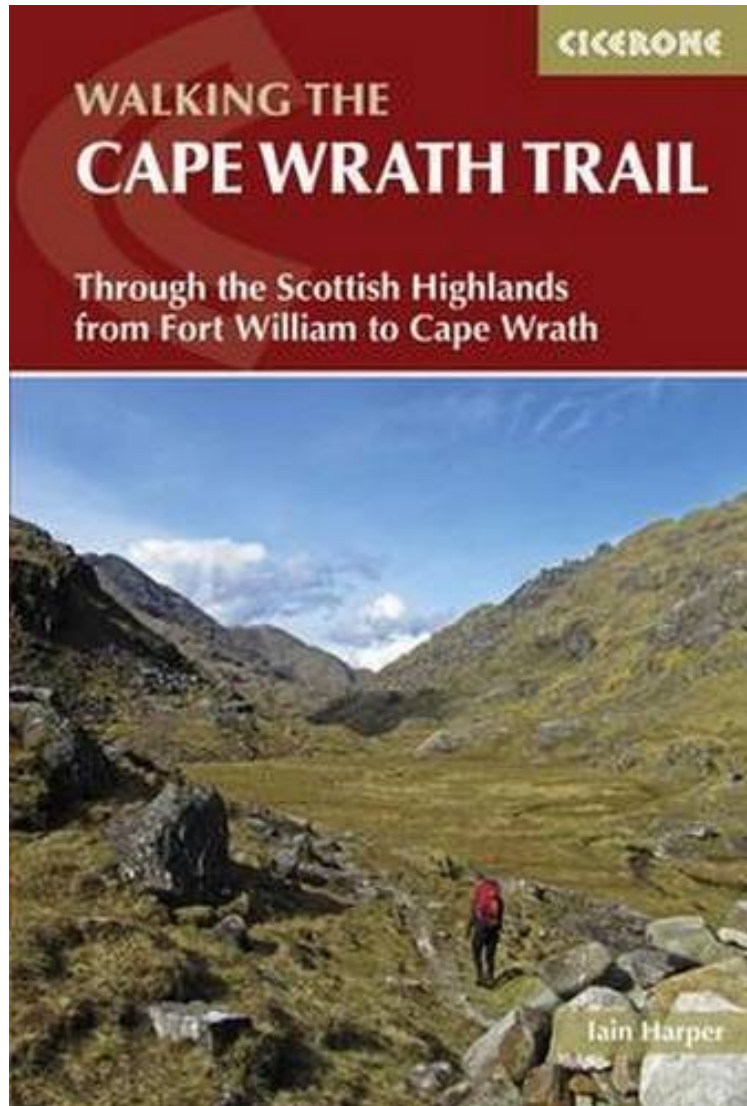


[Download] Walking The Cape Wrath Trail: Through The Scottish Highlands From Fort William To Cape Wrath

## Walking The Cape Wrath Trail: Through The Scottish Highlands From Fort William To Cape Wrath

*Iain Harper*

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**Iain Harper : Walking The Cape Wrath Trail: Through The Scottish Highlands From Fort William To Cape Wrath** before purchasing it in order to gage whether or not it would be worth my time, and all praised Walking The Cape Wrath Trail: Through The Scottish Highlands From Fort William To Cape Wrath:

2 of 3 people found the following review helpful. The Most difficult trail in the world explained.By Mr. Edward C. MuckermanI was going to do this trail solo but found a company to guide me in 2018. I can't wait and this book is a

treasure.

This Cape Wrath Trail trekking guidebook covers the 200 miles of the Cape Wrath Trail from Fort William to Cape Wrath, crossing the wild north west of the Scottish Highlands. The guide describes the route in detail in 14 stages, with 6 alternative stages along the way. This hike has long been recognised as the toughest long-distance route in Britain and travels through breathtakingly wild landscapes in Morar, Knoydart, Torridon and Assynt. With a wide range of route alternatives, it's perfect for the ambitious and experienced backpacker. It's a tough test and you'll brave genuine wilderness, rugged terrain, rain, wind, midges, bog and remote river crossings. Whatever time of year you attempt the trail, it will test the limits of your endurance. And this guidebook gives you all the information you need about bothies, campsites and (rare) amenities en route as well as detailed OS mapping and route profiles to help you plan and prepare for your trip.

About the Author Iain Harper first set out to walk the Cape Wrath Trail in 2008. As the only time of the year he could do it was December, he gamely set off, only to be beaten back by a severe winter storm. A year later he gave it another shot and finally reached the cape one Christmas Day. Having amassed a great deal of research and information he approached Cicerone to completely update and re-write the venerable North to the Cape. Iain has walked extensively in the Scottish Highlands for 20 years but lives and works in the Cotswolds. When not walking he can be found running ultra marathons (he completed the West Highland Way Race in 2011). He is married to Kay.