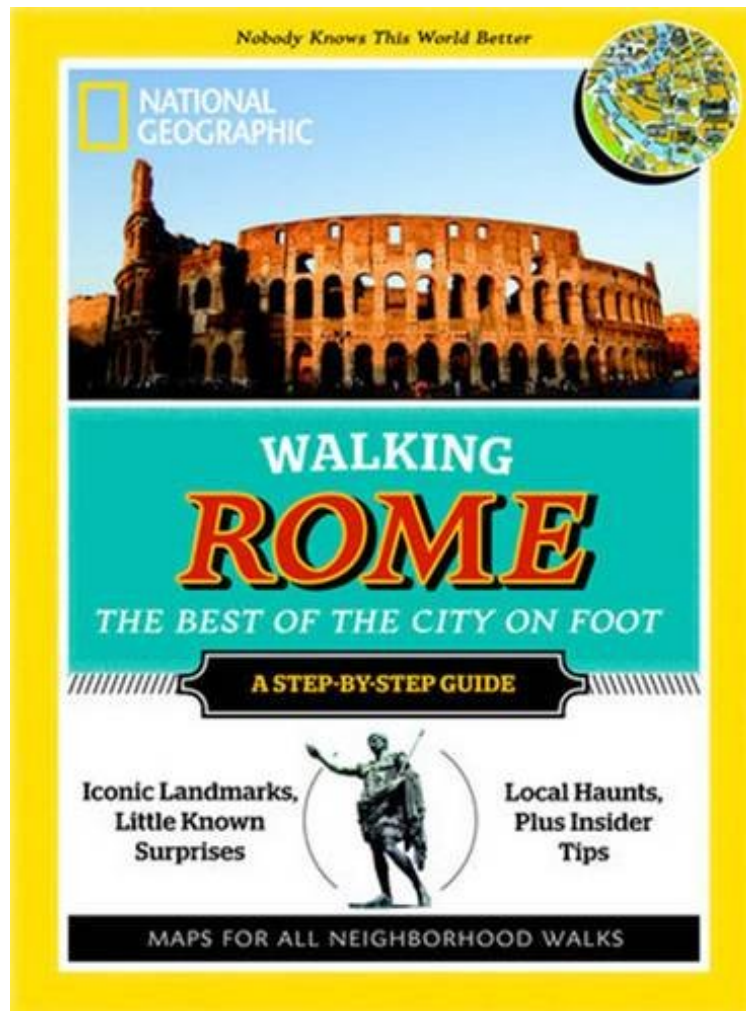


## Walking Rome

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**National Geographic : Walking Rome** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Walking Rome:

17 of 17 people found the following review helpful. Excellent Guidebook Tailored to Exploring Rome Neighborhoods By Mary Folley I love the format of this book. Organized in bite-sized geographic sections, Ms. Parla brings each neighborhood to life so that you do not miss the best bits of Roman history while you make your way through the city, which can be overwhelming to a visitor. You will also find handy tips about places to shop, dine, and take a break during your sightseeing excursions. The book is small enough to carry in a pocket or handbag, and it is full of easy to read maps and photos of points of interest. 15 of 15 people found the following review helpful. Surprisingly useful and to the point. By JeffRBought this because a friend had used the author as a guide in Rome. Katie Parla was not available at the time we were there but recommended her book which otherwise would have been

below our guide book radar. Used it everyday to plan itinerary's during a two week stay and carried it everywhere often finding unplanned high points as we cruised around the city on public transportation. A little light on background and in depth material, but what's there is concise and makes it very easy to find what you want when you want and help you get around. Have used others of its type for other major cities, Paris, Barcelona, Istanbul. this one was best by far. Also recommend her app Rome Foodie. 6 of 6 people found the following review helpful. Fabulous! By TKaren171 have an upcoming trip to Italy later in the year and I had already purchased a couple of guidebooks that were highly recommended, but this one is BY FAR the nicest and most informative of all of them! This book is PERFECT for how and where to start your day of sightseeing, which buses to take, how long it will take you to get there, how much time you should plan to spend at each attraction, and even the cost of entrance fees and telephone numbers. Each chapter is specific to one of Rome's 'neighborhoods' and has maps with clearly marked routes to walk, the metro stations, bus stops. everything you need to know whether you are planning an extended stay in Rome or just a quick stopover. It streamlines your agenda so you can see and do the specific things that interest you regardless of how much time you have to spend in Rome. Every page has beautiful color pictures, and it is also a very convenient size for a small backpack or purse. This is by far the absolute BEST city guidebook I have found!

See the best of Rome with this streamlined, itinerary-driven guide, created in a handy, take-along format. Part of a brand-new series from National Geographic that showcases the world's great cities, *Walking Rome* is divided into the following sections: The Whirlwind Tours section shows you how to see the entire city in a day or a weekend; what sights will interest kids most; plus, a hedonist's tour that's pure pleasure from dawn to midnight and beyond. The Neighborhoods section of the book presents the city broken down into 15-odd itineraries that lead you on a step-by-step tour to the best sights in each of the city's greatest neighborhoods--from Rome's ancient heart to Laterano to Piazza di Spagna to Trastevere. Travel Essentials provides information on how to get to the city and how to get around, as well as hand-picked hotels and restaurants. Each itinerary includes the following features: **Distinctly Rome:** Explore the city through 2-page features that showcase the quintessential aspects of the city, such as Renaissance Architecture, the popes through history, and Roman baths. Here you'll get intriguing background information to help you understand why this city is one of the world's greatest. **Best of:** Specific thematic groupings of sights are described, such as coffee and cafes, street markets, and gelato shops. **In-depth:** These spreads take a deep dive into a major museum or other sight--the Colosseum, Palazzo Barberini, and Galleria Borghese, for example--providing step-by-step guidance on what to see and how to plan your visit. Sidebars throughout give you the low down on shopping, eating, and going out on the town, and offer insider tips and interesting asides.

The Eternal City is showcased. Publishers Weekly About the Author NATIONAL GEOGRAPHIC is one of the world's leading nonfiction publishers, proudly supporting the work of scientists, explorers, photographers, and authors, as well as publishing a diverse list of books that celebrate the world and all that is in it. National Geographic Books creates and distributes print and digital works that inspire, entertain, teach, and give readers access to a world of discovery and possibility on a wide range of nonfiction subjects from animals to travel, cartography to history, fun facts to moving stories. A portion of all National Geographic proceeds is used to fund exploration, conservation, and education through ongoing contributions to the work of the National Geographic Society. Excerpt. Reprinted by permission. All rights reserved. **Neighborhood Walk: Piazza di Spagna to Villa Borghese** 1. **Ara Pacis:** The Pax Romana is the theme of this ancient monument on the banks of the Tiber. Reconstructed in the 1930s from remnants scattered across scores of museums, the Ara Pacis (Altar of Peace) was commissioned by the Roman senate as a tribute to Emperor Augustus and the peace that followed his imperial expansion. The rectangular structure is now enclosed within a museum designed by American architect Richard Meier and opened in 2006. The monument is covered in intricate carvings, including renderings of Augustus and his family, a scene that may have represented the dedication of the Ara Pacis in 13 b.c. Across the street is the crumbling Mausoleum of Augustus, no longer open to visitors and badly in need of restoration. 2. **Piazza di Spagna:** Named after the Spanish Embassy that once overlooked the square, the Piazza di Spagna has been the coolest place to hang out in Rome for nearly 300 years. The neighborhood has long attracted foreigners Lord Byron, Keats, Shelley, Goethe, Ibsen, Oscar Wilde, James Joyce, and Hans Christian Andersen are among the artistic hipsters who frequented the local inns and cafes. The Spanish Steps were added in the 1720s to connect the square with Santissima Trinita dei Monti, the Renaissance church on the hilltop above. La Barcaccia, the boat-shaped fountain at the base of the Spanish Steps, predates the stairway by a hundred years. The area's chic boutiques are a recent addition. 3. **Keats/Shelley House:** Perched on the south side of the Spanish Steps, the building is a holy grail of the early 19th-century English Romantic movement. Poet John Keats moved here in 1820 and died, aged 25, from tuberculosis the following year. Percy Bysshe Shelley lived nearby. He perished in 1822 when he drowned off the Italian coast. Memories of them linger on, as do those of the other Romantics that round out the collection of this marvelous small museum. Exhibits include Keats's death mask and an original manuscript by Mary Shelley, wife of the poet and author of *Frankenstein*. 4. **Piazza del Popolo:** Once the spot where religious heretics were executed, the Piazza del Popolo is now the people's square and a venue for mass political gatherings. From here a

Roman road called the Via Flaminia began its journey north up the Italian Peninsula. On the squares southern side, baroque twin churches Santa Maria dei Miracoli and Santa Maria in Montesanto flank the Via del Corso. The whitewashed Porta del Popolo on the northern side was Rome's primary gateway through much of the Middle Ages and beyond. Architect Giuseppe Valadier conceived the current square in the early 19th century, including ramps and steps that ascend the Pincio hill and an Egyptian obelisk that once graced the Circo Massimo.

5. Santa Maria del Popolo: Raphael, Caravaggio, and Bramante were among the Italian masters who contributed to this lavish church on the north side of the Piazza del Popolo. According to legend, the original church on the site was created to vanquish the ghost of the long-dead Roman emperor Nero, who was buried nearby. It was replaced by the current Renaissance structure, commissioned in 1472 by Pope Sixtus IV della Rovere. Among several frescoes by Pinturicchio, don't miss a delightful Adoration of the Christ Child above the altar in the Della Rovere Chapel. Raphael designed the ornate Chigi Chapel for the wealthy banker Agostino Chigi. A pair of Caravaggio masterpieces The Conversion of St. Paul on the Road to Damascus and The Crucifixion of St. Peter hang in the Cerasi Chapel.

6. The Pincio: The lofty green space above the Piazza del Popolo is the Pincio garden, the western sector of the extensive Villa Borghese gardens, but in many respects its own little world replete with busts of notable Italians, an unusual water clock, and the San Carlino marionette theater. The symmetry between square and garden is not accidental: Giuseppe Valadier designed both during the French occupation of Rome under Napoleon. The Piazza Napoleone is an excellent perch to view the Popolo neighborhood directly below and St. Peter's in the distance.

7. Villa Giulia: Built as a country palace for Pope Julius III in the 1550s, the ornate Renaissance villa now houses the Museo Nazionale Etrusco, Italy's premier showcase of regional art and artifacts predating the Roman Empire. Among its many treasures are the Etruscan Sarcophago degli Sposi (Sarcophagus of the Spouses), an incredibly lifelike terra-cotta rendering of a married couple reclining on a banquet sofa, from the sixth century B.C. Set in the northwest corner of the Villa Borghese, the building reflects the extravagant lifestyle of Renaissance popes, in particular a two-story nymphaeum (water grotto) in the garden where Julius entertained guests in summer.

8. Villa Borghese: Cardinal Scipione Borghese, who created the villa and its surrounding gardens, amassed a substantial fortune in the early 17th century via family connections and a devious nature that would have put Machiavelli to shame. The villa now houses the Galleria Borghese, while the gardens have become Rome's most popular park. Stroll along gravel pathways shaded by umbrella pines perfect on a hot day and admire statues and classical-style ornamental temples. At the center is the Giardino del Lago (Garden of the Lake), with its boating lake. Don't miss the delightful art nouveau Fontana dei Fauni (Fountain of the Fauns). At the north end of the park, the Galleria Nazionale d'Arte Moderna has a good display of 19th- and 20th-century art.

9. Galleria Borghese: The Villa Borghese, housing the Galleria Borghese, originated as a temple to pleasure, a place to show off the art that belonged to Cardinal Scipione Borghese (1577-1633), a nephew of Pope Paul V. He would bring guests through the landscaped gardens and wow them with lavish banquets, entertainments, and his stunning collection. Although Napoleon later carried off many of the prized ancient sculptures to the Louvre in Paris, the core Renaissance collection and the baroque pieces that Scipione commissioned for the villa are still in place.