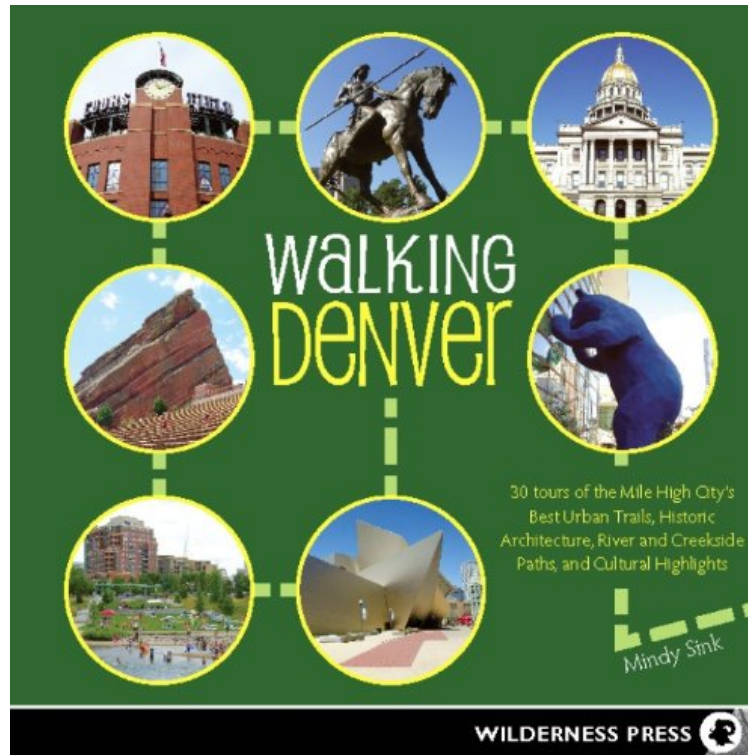


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Walking Denver: 30 Tours of the Mile-High City's Best Urban Trails, Historic Architecture, River and Creekside Path

Mindy Sink

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Mindy Sink : Walking Denver: 30 Tours of the Mile-High City's Best Urban Trails, Historic Architecture, River and Creekside Path before purchasing it in order to gage whether or not it would be worth my time, and all praised Walking Denver: 30 Tours of the Mile-High City's Best Urban Trails, Historic Architecture, River and Creekside Path:

3 of 3 people found the following review helpful. Great Walking AheadBy Michael J HelquistWalking Denver is a terrific guide for not only seeing but experiencing the Mile High City. This 7 by 7 230 page volume is a perfect size for carrying, especially for those travelers who tire of the too-narrow pages of some books where the photos, maps and text seem to get lost in the binding. As compact as the city of Denver itself, Walking Denver features thirty tours, many of which can be combined in a single outing. The author notes that within a one-mile radius, visitors can stroll to most of the historic, architectural, and cultural highlights.Each walk description includes a full-page map with clearly marked routes and sites along the way. Logistics of the walk are added: distance, difficulty, parking available, and using public transit. The author might have added locations of the city's bike parking stations for its bike share program as well. The descriptive text is in large, bold type making it easier for quick glancing especially during the many bright days in the city. Some readers might want more photographs of the sites, but walking and seeing directly is the priority here. Route summaries are helpful and a list of Walks by Theme as well.I used this guide for a five-day stay in Denver

and was happy to have it every day. Michael Helquist, author, *MARIE EQUI: Radical Politics and Outlaw Passions* 3 of 3 people found the following review helpful. *Walking guide to Denver* By Jill Meilahn This is a clear, concise guide for walking around Denver. The maps are easy to follow and not overly detailed. The book includes interesting history of the areas covered. We visited our children who just moved into a LoDo condo. They also learned about their new community. The locals agreed with the restaurant recommendations. The distance and level of effort needed is included with each walking tour. I would suggest leaving more time than suggested, however, as we stopped for ice cream, read historical signs, shopped and watched people playing to stretch a 30 minute walk into 2 1/2 hours! 1 of 1 people found the following review helpful. and they are all great. And this one is By Steve K. Oliver III've used 4 other books in this series, and they are all great. And this one is, too. I like the variety of walks (both in distance and location), and how places to eat are included in the itineraries. Probably should warn readers about safety issues in some of the downtown locations, but otherwise this was a book we enjoyed on our last trip to Denver.

Its mild climate and abundant sunshine make Denver, one of America's fittest cities, a welcoming place for a walk any time of year. Colorado's capital is the country's fifth most walkable city. There is so much to see when out for a stroll through downtown or a hike in the nearby foothills. This exceptional guide explores the best of the city from Dinosaur Ridge and Red Rocks Park and Amphitheatre to the Mile High Loop in City Park and public art scattered throughout downtown. These 30 specially designed urban treks are not only good exercise but are a great way to soak up the history, culture, parks, and vibe of the Mile High City. The walk's commentary includes trivia about architecture, local culture, and neighborhood history, plus tips on where to dine, have a drink, or shop. Each tour includes a clear neighborhood map and vital public transportation (where appropriate) and parking information. Route summaries make each walk easy to follow, and a "Points of Interest" section lists each walk's highlights. Insider Mindy Sink guides the urban adventurer from the Mile High Loop, the city's newest footpath in City Park, to the Golden Triangle's cultural and architectural gems, and the ever lively Art District on Santa Fe. From the Auraria Campus (home to three universities), to the city's oldest still operating cemetery, this book reveals part of the city even seasoned locals overlook.

About the Author Journalist Mindy Sink chooses to live in the heart of Denver where she enjoys walking to downtown, the Platte River, parks, museums, libraries and much more that the Mile High City has to offer. She is the author of *Moon Denver* and coauthor of *Colorado Organic: Cooking Seasonally, Eating Locally*. While working as the Bureau Manager at the New York Times Rocky Mountain Bureau, Mindy walked to work downtown, but these days she prefers to explore Denver with her 5-year-old daughter and husband. "I feel as if I've rediscovered Denver through my daughter's eyes," Mindy says. "A walk to the store is an opportunity to hear the birds sing, smell the flowers, and discuss the public art we pass."