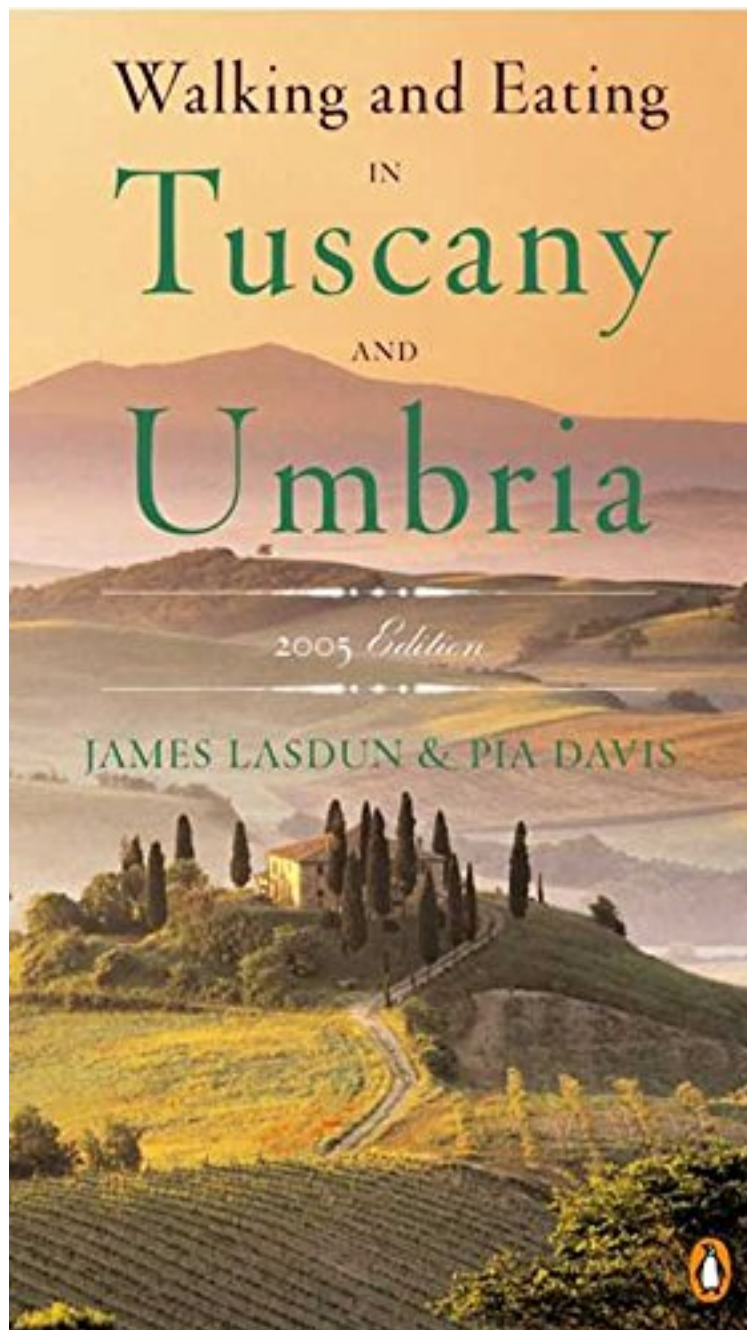


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## Walking and Eating in Tuscany and Umbria, Revised Edition

*James Lasdun, Pia Davis*

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order to gauge whether or not it would be worth my time, and all praised *Walking and Eating in Tuscany and Umbria*, Revised Edition:

1 of 1 people found the following review helpful. Not written as an e-book  
By MarnyCalifornia  
This review is for the Kindle edition of this book only. I thought it would be easier to add a supplemental guidebook of the region as an e-version to avoid carrying another heavy paper book on my trip. Avoid this one. It has not been conceptualized as an e-book, just mechanically translated into this format. For example, the book constantly refers reader to page numbers in different section for more detailed reading, but the e-book does not have page numbers. The table of contents which lists the walks is not an official "chapter" so it can not be found without scrolling through every page of the document (which would not be so difficult if it was at the beginning, but alas it is not.) But, most maddeningly and confusingly, the maps -- key to the success of anyone trying to actually do the walks, are spread across multiple e-pages so it is impossible to follow a route as a whole.  
21 of 21 people found the following review helpful. Four Couples, Ten Unique and Wonderful Walks  
By Richard M. Greene  
I planned a walking trip to Umbria and Tuscany based on this excellent and thorough guidebook. My wife and I and three other couples, all friends and all in our 50's and 60's, spent two weeks in May of 2000 walking three of the inteneraries in Umbria and seven in Tuscany. The experience was, arguably, the most satisfying vacation any of us has ever made. Fields of red poppies, yellow buttercups, and a vibrant bouquet of many other flowering plants and trees colored our surroundings. The book guided us through dramatically changing scenes from stately vineyards, to deep woods, to beautiful medieval and renaissance villages, towns, and abbeys, to mountain pastures and fields of flowers, and to a procession of stunning views. Walking gave our encounters with the places and people of our trip an exhilarating immediacy and intimacy that we would have otherwise missed. Buy the book, make the trip, do the walks, and be entranced. (The Lamole and the San Michele to Radda walks need updating because of property and road changes, but you can still find your way.)  
0 of 0 people found the following review helpful. This is a good guide to accompany you on your next trip to Tuscany.  
By Phil's reviews  
If you are planning a trip to Florence and Tuscany and you enjoy walking and exploring this is a handy guide. While at home in south Florida, It has helped to bring back memories of my travels through Tuscany and my time in Florence. It will accompany my on my next trip to Tuscany.

THIS BOOK, NOW THOROUGHLY REVISED AND UPDATED, IS WRITTEN TO SATISFY READERS WHO WANT TO BUILD THEIR HOLIDAY AROUND WALKING, OR THOSE WHO SIMPLY WANT TO INTEGRATE A BIT OF WALKING INTO THEIR HOLIDAY. IT BEGINS WITH A "PRACTICALITIES" SECTION AND EXTEND INTO THE WALKS THEMSELVES. FROM SIX OR SO "BASE TOWNS," THE AUTHORS OFFER ROUTES OF ONE OR TWO HOURS, HALF DAY, AND ONE, THREE, AND FIVE DAYS. THERE ARE ALSO SOME EXTRAORDINARY WALKS WORTH GOING OUT OF THE WAY FOR. THERE ARE RECOMMENDATIONS FOR RESTAURANTS, TRATTORIAS AND PIZZERIAS, AS WELL AS MARKETS AND OTHER TAKE-AWAY OPTIONS. ADDITIONALLY, THE BOOK INCLUDES SUGGESTIONS FOR LODGING, TRANSPORTATION, FLORA AND MANY OTHER POINTS OF INTEREST.

.com Tuscany and Umbria are famous for both their glorious scenery and their superlative cuisines--could there be a more perfect vacation than walking through the countryside, stopping to dine along the way? In *Walking and Eating in Tuscany and Umbria* authors James Lasdun and Pia Davis offer readers 40 itineraries ranging from half-day walks to routes stretching over several days. There are written directions for each walk as well as a map. There is also a chart for each itinerary outlining travel alternatives such as buses, trains, or private automobiles and a list of restaurants along the way. Each itinerary describes the sights and terrain in charming detail, and though you might want to supplement this book with other guides specific to each area, this one does a nice job of balancing the demands of cuisine and countryside in a single volume.  
About the Author  
JAMES LASDUN IS THE AUTHOR OF TWO COLLECTIONS OF SHORT STORIES AND TWO BOOKS OF POETRY. HIS WORK HAS APPEARED IN THE NEW YORKER, PARIS REVIEW AND THE LITERARY TIMES SUPPLEMENT. PIA DAVIS'S FICTION HAS APPEARED IN PEQUOD AND OTHER PUBLICATIONS, AND SHE RECENTLY COMPLETED A NOVEL. THEY LIVE IN WOODSTOCK, NEW YORK.