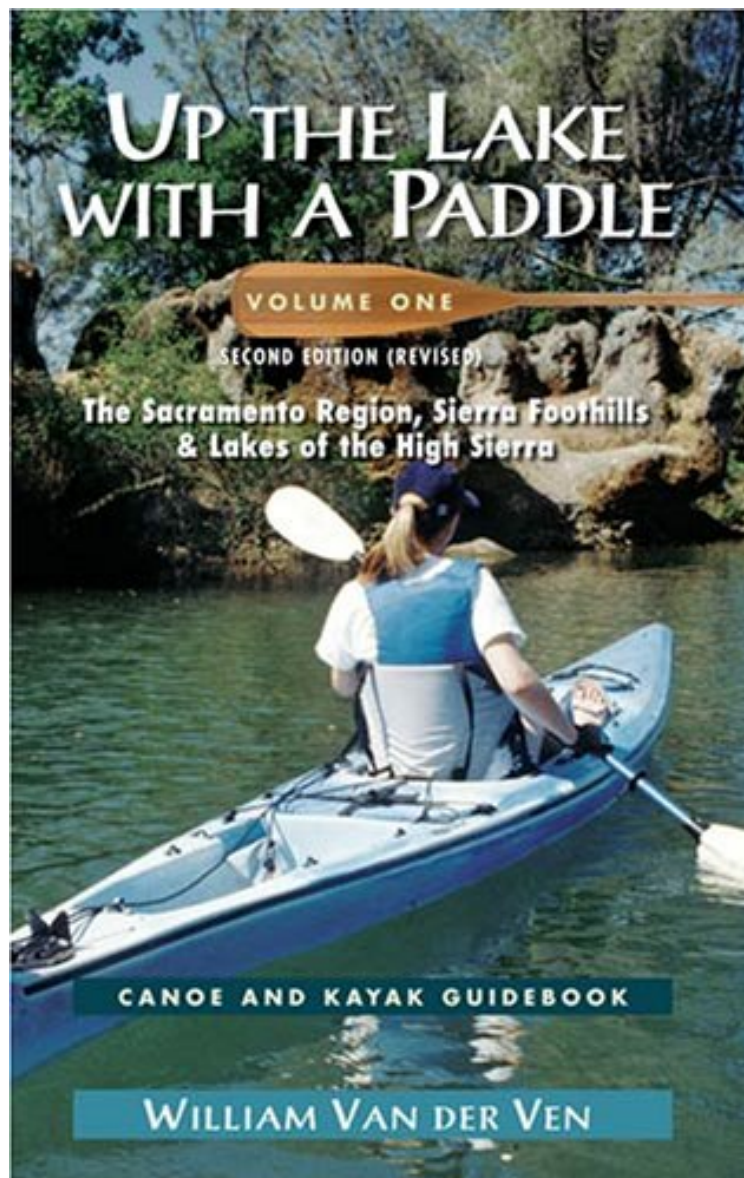


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Up the Lake With a Paddle Vol. 1: Canoe and Kayak Guide : The Sacramento Region, Sierra Foothills, Lakes of the High Sierra

William Van Der Ven

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Volume 1 of the Up the Lake with a Paddle series is the primary guidebook for paddlers looking for places to paddle within the Sierra Foothills and the Sacramento Region. The regions covered in this book are a paddler's paradise with spectacular lakes and scenic, quiet rivers. For those looking to plan a weekend getaway for two or a fun-filled family paddle this book is a must. The second edition now includes more information on the history, geology, plants, birds and animals of each region. Including GPS waypoints for paddle locations and more "In the Eddy" and "Paddle Notes," all the items the fans of this popular series enjoy.

About the AuthorThe author was born in Pau, France.He was raised in both San Franciscoand Santa Cruz, California. Bill has enjoyedsurfing, snorkeling, backpackingand museum viewing since hewas a teenager. Having completed hisAir Force commitment with a tour inVietnam as an Aerial ReconnaissancePhotographer, he graduated fromSan Francisco State University witha Bachelor of Arts Degree in Anthropology(Archaeology) followed by aTeaching Credential.Bill worked as a caretaker at theCalico Early Man Site under the tutelageof Ruth DeEtte Simpson. Healso participated in several projectsand field surveys conducted by thePaleontology and Geology Department of the Museum of Northern Arizonawith William J. Breed as curator. In the early 1980s, Bill volunteered as a docent,then became a paid staff member at the Ao Nuevo State Reserve, inSan Mateo County, California.Bill s love of nature, archaeology and geology, plus his skill as a photographer,brought excitement to the classroom where he taught social studies,science and history classes for over ten years.In 1984, he moved to Sacramento where he worked for California Canoeand Kayak.Currently, he is a naturalist/guide for Current Adventures, a kayakschool and trip outfitter located in Lotus, California.Bill is married to Louise Anne Cherry, the father of one 18-year-old sonPeter Karl, and a stepfather to Eric, a returned veteran from the second IraqiWar.