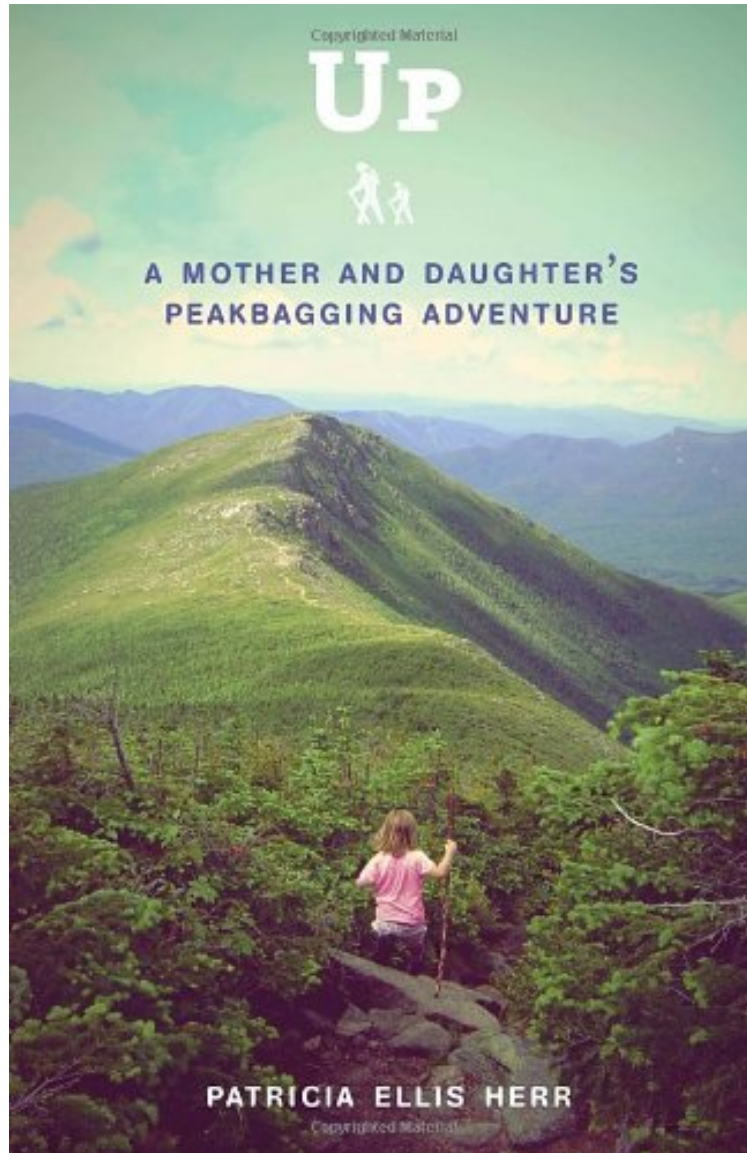


(Read free ebook) Up: A Mother and Daughter's Peakbagging Adventure

Up: A Mother and Daughter's Peakbagging Adventure

Patricia Ellis Herr

**Download PDF / ePub / DOC / audiobook / ebooks*



[Download](#)

[Read Online](#)

#742351 in BooksColor: Paperback Random House 2012-04-03 2012-04-03Original language:EnglishPDF # 1 8.00 x .69 x 5.18l, .45 #File Name: 030795207X256 pagesTrue StoryWho knew girls could be so adventurous?HeartwarmingYour kids should be so luckyAbout the Author - PATRICIA ELLIS HERR holds a master's degree in biological anthropology from Harvard University and homeschools her two daughters. She lives in Massachusetts and New Hampshire. | File size: 58.Mb

Patricia Ellis Herr : Up: A Mother and Daughter's Peakbagging Adventure before purchasing it in order to gage whether or not it would be worth my time, and all praised Up: A Mother and Daughter's Peakbagging Adventure:

1 of 2 people found the following review helpful. Fun, wise, inspiring read
By PamUp: A Mother Daughter Peakbagging Adventure is a terrific, quick read and it's not just for hikers. Patricia Ellis Herr tells a great story of her adventures with her young daughters on the high trails of New Hampshire's White Mountains, but more importantly she imparts a deep, wise, parenting philosophy centered on giving her children the tools they need to thrive and succeed. A delightfully careful observer of her own internal thoughts and feelings, Ellis Herr carefully considers what she needs to share with little Alex and Sage and what she needs to keep to herself. It's never about her, always about helping the girls achieve their own goals and learn the important lessons of life including confronting sexism and ageism, the terror of a mountain lightning storm, and the importance of persevering in the face of adversity, planning ahead, and making friends. Every parent, indeed every person who has struggled to achieve a goal, can learn something important from this book. You won't be disappointed.
4 of 5 people found the following review helpful. Inspirational and educational
By MargueriteA fascinating read for all more adventurous parents. I found this book refreshingly candid, responsible and intelligent. There is no smugness or posturing and yet the book carried a powerful message on raising active, adventurous children. It's a marvellous antidote to Tiger Mother syndrome, and yet it's all about challenging kids more than we often do when everyone is expected to fit in with the average. The writer doesn't underplay her mistakes and their potentially serious consequences, nor does she overstate or overdramatise everything to make a crowd-pleasing page-turner. Definitely worth a read!
2 of 3 people found the following review helpful. A great read
By K. VervilleThis is a wonderful and inspiring read for all of us that love to hike and have children. While Mrs. Herr's oldest daughter is somewhat exceptional the book stands as a good reminder to the reader to beware of artificially limiting the abilities of our children. It is important to get out into nature with our children early and make it a lifelong pursuit. With care, forethought, and do diligence hiking with you children can be safe and rewarding for all. This book is a quick and easy read that will have you laughing out loud, on the edge of your seat with suspense, and near tears with pride for the characters. I highly recommend this book to anyone that hikes and/or has children.

When Trish Herr became pregnant with her first daughter, Alex, she and her husband, Hugh, vowed to instill a bond with nature in their children. By the time Alex was five, her over-the-top energy levels led Trish to believe that her very young daughter might be capable of hiking adult-sized mountains. In Up, Trish recounts their always exhilarating--and sometimes harrowing--adventures climbing all forty-eight of New Hampshire's highest mountains. Readers will delight in the expansive views and fresh air that only peakbaggers are afforded, and will laugh out loud as Trish urges herself to "mother up" when she and Alex meet an ornery--and alarmingly bold--spruce grouse on the trail. This is, at heart, a resonant, emotionally honest account of a mother's determination to foster independence and fearlessness in her daughter, to teach her "that small doesn't necessarily mean weak; that girls can be strong; and that big, bold things are possible."

.com Featured Photographs Trish and Alex on Mt. Bond, July 2009 Trish, Sage and Alex on Guadalupe Peak, Texas, September 2011 Alex and Sage on Mount Marcy, New York, July 2011 Sage and Alex on Cathedral Trail, Mt. Katahdin, Maine August 2011