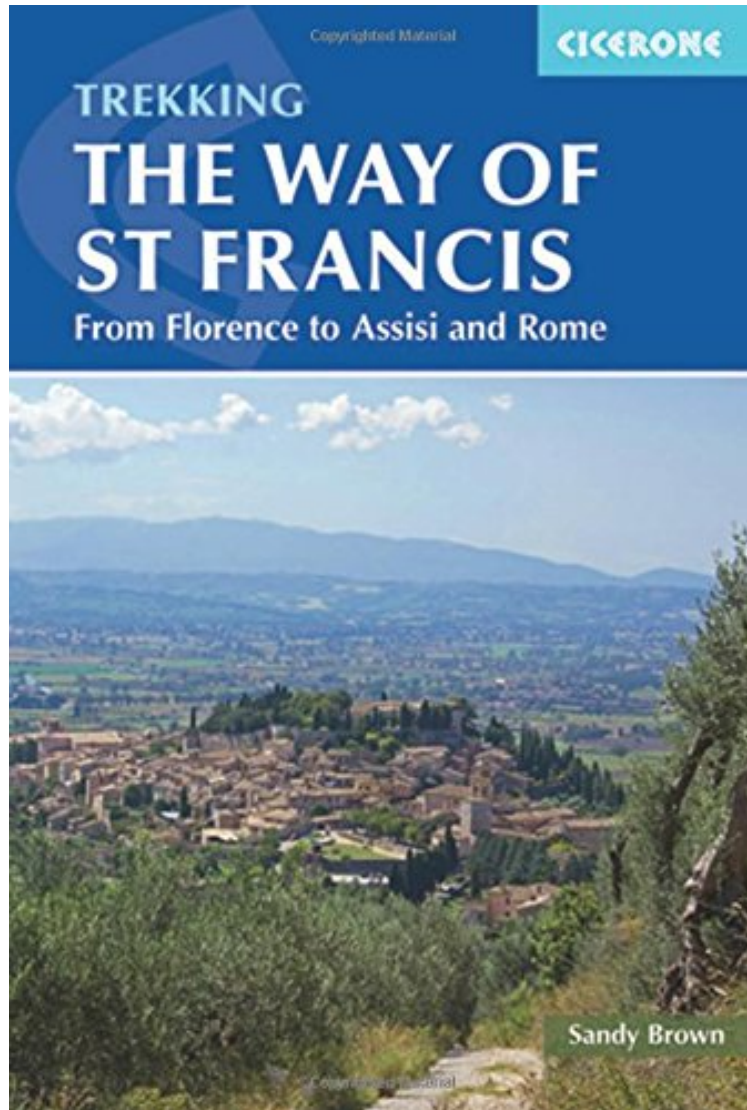


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Trekking The Way of St Francis: From Florence To Assisi And Rome (Cicerone Guides)

Sandy Brown Reverend
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#432646 in Books Brown Sandy 2016-01-30Original language:EnglishPDF # 1 6.93 x .67 x 4.73l, .0 #File Name: 1852846267256 pagesTrekking the Way of St Francis From Florence to Assisi and Rome | File size: 61.Mb

Sandy Brown Reverend : Trekking The Way of St Francis: From Florence To Assisi And Rome (Cicerone Guides) before purchasing it in order to gage whether or not it would be worth my time, and all praised Trekking The Way of St Francis: From Florence To Assisi And Rome (Cicerone Guides):

0 of 0 people found the following review helpful. Get the newer editionBy StaceyI used this to hike Florence to Rome

May 2017. It's definitely helpful, but oh my word the directions early on were terrible! My hiking partner and I got so lost in the forest outside Florence. Another time we ended up following a weird quarry path to a dead end - very frustrating. I heard there was an updated edition that took care of some of the directional issues. The tips for lodging were spot on. The histories about the towns were interesting. It's a good book, but be prepared to....be prepared!

10 of 0 people found the following review helpful. Five Stars
By JOHN M CAPLICE
Being used this week in Italy!
6 of 6 people found the following review helpful. Great guidebook and wonderful trip!
By Russell J
My wife and I are planning to do this walk next spring and have found this guide to be invaluable. The 28 stages each have distances, topographical information, difficulty, lodging recommendations, and commentary. We have not been to Italy before, and are very excited to see and experience it in this way. This guide will be our trusted companion. Highly recommended.

Followup: We completed the entire walk this past spring and found the guidebook, along with the GPX tracks and trail signage invaluable. The notes and comments also made sights and places along the way more interesting. We stayed almost exclusively in the recommended lodging and were very happy! The Italian countryside in this region is stunningly beautiful, and the places associated with St. Francis are very moving, so get in shape, get this great guide, and go!

This guidebook to the Way of St Francis describes a 550km month-long pilgrim trail through the green heart of Italy. The route begins at Florence and goes through Assisi before its climax in Rome, exploring the mountains of Umbria, Tuscany and Lazio on the way. The route is split into 28 stages, each graded from 'easy' to 'hard'. Some stages include steep climbs and descents, but no special gear is required. Alongside a detailed route description, colour maps and accommodation information, the guidebook contains a concise biography of Francis of Assisi and stories of his life that relate to each location visited. Also included is a walking tour of the Seven Pilgrim Churches of Rome. This book is a trove of information that makes a perfect companion for anyone setting out to walk the Way of St Francis. The Way of St Francis is one of the most popular pilgrim routes in Italy, and it offers a great range of sights: olive groves, vineyards, Renaissance Florence, the Casentino National Forest, hilltop towns, ancient ruins, mountains, the Marmore Falls, the Vatican City and more.

About the Author
Sanford Sandy Brown is an activist, long-distance walker and ordained minister from Seattle, Washington. After reading *The Pilgrimage*, by Paulo Coelho, he planned his first trek on the Camino de Santiago and since then has walked over 3500 kilometres on pilgrim trails in Spain and Italy. He records his pilgrim adventures in his popular blog, www.caminoist.org. Sandy earned his MDiv at Garrett Theological Seminary, which honored him in 2006 as Distinguished Alumnus, and has a degree in medieval history. In 1997 he earned a doctorate from Princeton Theological Seminary in gender, sexuality and spirituality. He was executive director of the Church Council of Greater Seattle and most recently was senior pastor of Seattle's historic First United Methodist Church. In his spare time he enjoys yoga, sailing and piano. He has two grown sons and his life partner, Theresa Elliott, is a yoga master teacher.