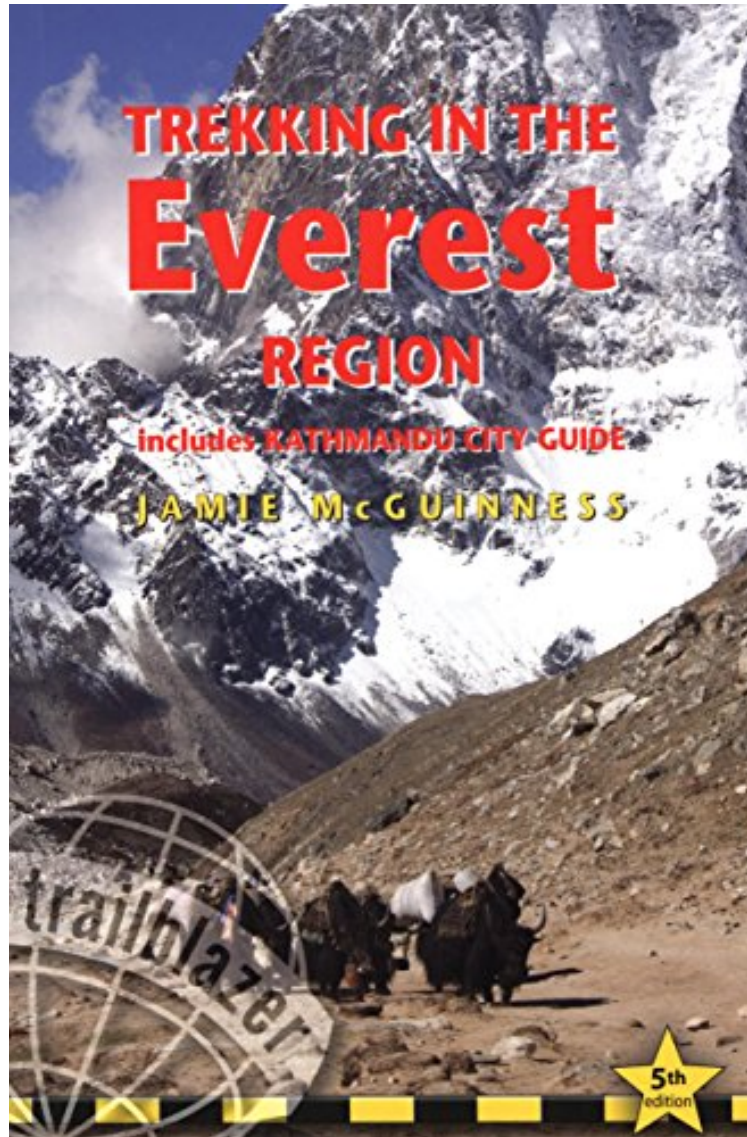


(Mobile book) Trekking in the Everest Region: Includes Kathmandu City Guide

Trekking in the Everest Region: Includes Kathmandu City Guide

Jamie McGuinness

*DOC | *audiobook | ebooks | Download PDF | ePub*



[Download](#)

[Read Online](#)

#691442 in Books imusti 2009-03-17Original language:EnglishPDF # 1 .70 x 4.70 x 7.00l, .69 #File Name: 1873756992304 pagesGlobe Pequot Pr | File size: 19.Mb

Jamie McGuinness : Trekking in the Everest Region: Includes Kathmandu City Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised Trekking in the Everest Region: Includes Kathmandu City Guide:

3 of 3 people found the following review helpful. Excellent resource for Everest region trekkingBy JasonThere is a lot more detail in this book than in any other book on this subject that I have managed to get a hold of (I've read a few). McGuinness covers plenty of topics, from background and history of Nepal, to a Kathmandu city guide, to details

needed for preparing for your trip and descriptions of the routes while on the trip. The anecdotes included give the sense that the book is based on boots-on-the-ground research. I really get the feel that he truly loves the Himalaya by the way the book is written, with both factual information as well as info on trekking responsibly. In addition, he offers a great deal more detail in his route descriptions and talks about some less-used trails and minor scrambling peaks that no other book mentions. The one thing that I feel is missing is a guide to pronouncing all the names. A few are explained (it's Pumo-ri, not Pu-mori), but I'm left having to assume that I just read them as they are written. For example, is it Go-kyo or Gok-yo (or some other pronunciation)? Anyway, this is a very minor nitpick. This is by far the best resource for trekking in the Khumbu, other than perhaps being there yourself. I will be taking it with me when I go next year. 1 of 1 people found the following review helpful. Great little book that will fit in both my back ...By Cindy Covell Great little book that will fit in both my back pack and trekking pant's pocket. The read is a good read for understanding the trek to Everest Base Camp, which I will be doing in October 2017. It helped me to understand the points of interest and the climb more so than a map. A must for an Everest Trekker. 3 of 3 people found the following review helpful. Everest region By Anthony J. Caldwell Excellent book. Information is up to date. Having been there before, I see it is accurate, precise and written in a style to convey important information clearly and correctly. Anybody wishing to go to Nepal and in particular, the Everest region, must read this book first. This book is not available in Australia (and maybe some other countries) I have been keen to read this travel guide for a long time and now I have it. I'm very pleased with my purchase.

Fully revised fifth edition of this practical guide with 60 detailed route maps covering not only the classic treks but also the wild routes: Everest expedition route Rolwaling Trekking from Lukla Salpa-Arun The Gokyo trek High passes Trekking peaks including Mera and Island Peak Information for all budgets and trekking styles Ranging from lush terraced fields to the highest mountain on earth, the scenery is breath-taking. There are trekking possibilities to suit all budgets from independent trekkers on a shoestring staying in simple lodges with Sherpa families to travelers on all-inclusive guided treks with every luxury provided. Getting to Nepal from Europe, North America and Australasia Kathmandu trekking preparations and what to see Where to stay and eat Kathmandu and along the trails Employing a guide or porter in Nepal The environment how to minimize your impact on a fragile region and still take hot green' showers Health and safety 60 route maps and village plans Plus 30 color photos

The pick of the guides to the area-- Adventure Travel Magazine (UK)