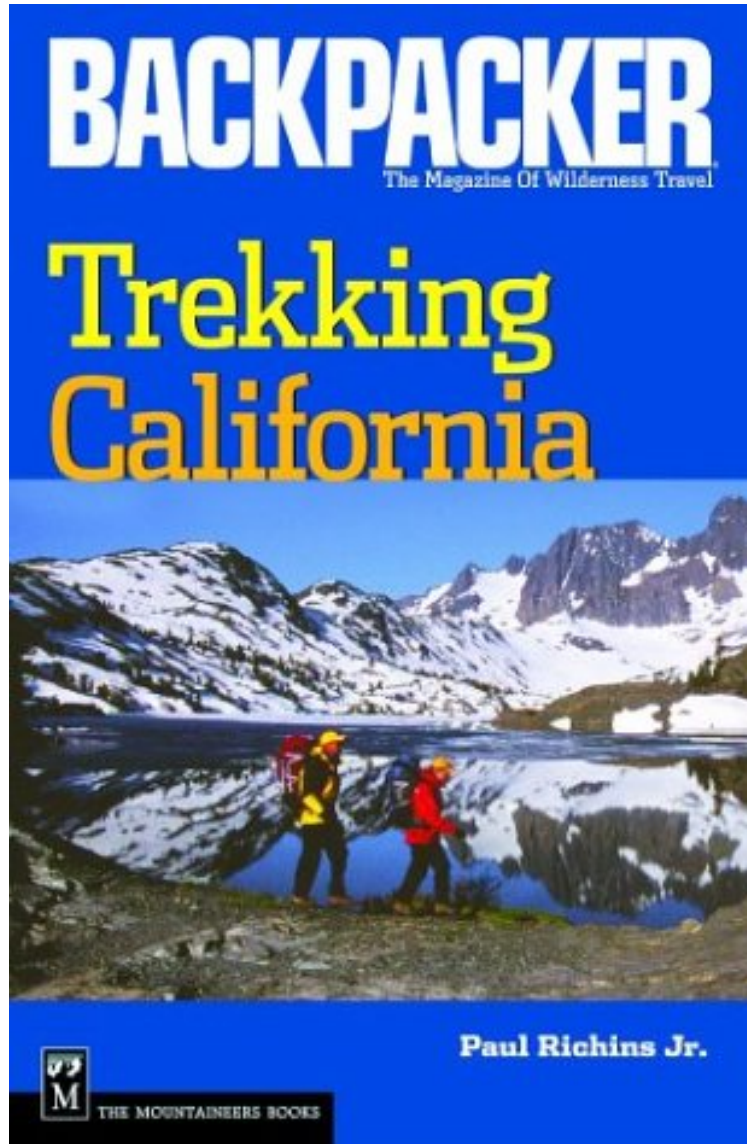


[Read free] Trekking California (Backpacker Magazine)

Trekking California (Backpacker Magazine)

Paul Richins Jr.

*ePub | *DOC | audiobook | ebooks | Download PDF*



DOWNLOAD



+

READ ONLINE

#1084656 in Books Mountaineers Books 2004-08-24 2004-08-24Format: IllustratedOriginal
language:EnglishPDF # 1 9.00 x 5.75 x .50l, 1.30 #File Name: 0898868947288 pages | File size: 50.Mb

Paul Richins Jr. : Trekking California (Backpacker Magazine) before purchasing it in order to gage whether or not it would be worth my time, and all praised Trekking California (Backpacker Magazine):

1 of 1 people found the following review helpful. Incredible guide for California backpackingBy James MaslachI have been hiking in the Sierra for almost 60 years (my father started me early). This book is far and away the best guide I have ever seen. Since I have hiked many of the trails and cross country routes that appear in this book, I can vouch for the accuracy of his descriptions, and I wholeheartedly endorse the comments of previous reviewers. I love the format.

He provides so much information very efficiently, and reading about each trek is the next best thing to being on the trail. His choice of trails is varied and . impeccable. I intend to follow this guide for the areas I have not yet visited, as well as returning to some of my favorites. Buy this book--you will not be disappointed.17 of 17 people found the following review helpful. Best of the BestBy J. JanssenFor a long time I thought Paul Richins' Mt. Whitney trail guide was the best contemporary Sierra guide book I had ever used, but along comes the deceptively titled "Trekking California" (also by Paul Richins) that establishes a new high water mark.The title notwithstanding, this 285 page book covers 15 high sierra hikes of 7 days or less and 5 other trips in the Trinity Alps and along the northern coast. The routes cover both established trails (Class 1) and cross country treks (Class 2/3) and many incorporate a combination of the two. The book is organized with the standard "what to expect", "what to take", "what to do, if" type of information that either provides new and insightful tips or just takes up book pages depending on one's experience level; some might consider it superfluous.What isn't superfluous, however are the beautifully rendered maps incorporated throughout the book, really some of the best for trail use (and I mean established trails, not cross country routes) I've seen. Coupled with the outstanding color photography this guide really surpasses the more comprehensive Sierra North/South series which had been the benchmark for years. Most of the trips include interesting side treks that can be mixed and matched to extend the journeys to 10 days or more without making them feel like a walk-in camping trip. I'm familiar with many of the southern sierra trips and have taken them in similar form. To my knowledge the information is accurate, though one must remember that a Class 1 trail route doesn't mean "easy walk"....some of these trips include significant elevation gain (and loss) within single days, so while the trail may be maintained and clear there will still be plenty of huffing and puffing involved; and most are at higher elevation trail heads to begin with. All would be advised to camp at least the first night at the trail head to acclimate to the altitude. While the trail maps included in the book are clear one shouldn't fail to take (and know how to use) appropriate USGS topo maps of the relevant quadrants.The guide covers some of the most spectacular wilderness country still with us and the book is a wonderful intro to many of the most rewarding trips. This is one of those books that I would recommend getting two copies of....one to keep at home and read for planning purposes and another to "tear apart" and carry the relevant maps and information pages in your map case (or plastic freezer bag). Really, it's that good.7 of 8 people found the following review helpful. Beautiful book; beginner be wary...By Erwin LauTrekking California is a beautifully presented book, with amazing photos, enticing descriptions and a selection of some of the finest treks in the Sierras and California. Everything that is said in the other reviews is true. The maps are beautifully rendered in shaded relief and great for planning, but they are inadequate for actual use. Bring a 7.5' topo of the area you are planning to explore. The on-trail segments are great; these trails are popular enough to be well-maintained and well-traveled. Please be cautious about the cross-country sections described in this book. For the most part, descriptions are very accurate, telling you how to circumnavigate cliff-outs and identifying landmarks. Yet, we found some descriptions completely underestimated. For example, in the Minarets area (Trek 10), the drop-down from Lake Catherine to the N. Fork of San Jaquim Riv. is very well described, and adequately labeled as Class 2. However, the hike back up through Ritter Pass was briefly mentioned, with no rating level. We found it to be Class 2 talus that was extremely loose and pretty steep; this can be verified from TRs around the internet. It's true that other books around provide even less information (i.e. Secor, Moynier), but at least Secor rates it adequately as Class 2. But Richins presents a book that appears approachable to beginners, yet can potentially get you into trouble. I would suggest obtaining more beta for the cross-country sections through other sources from people who have done the trip you are planning via Richins.Regardless, this is an amazing book; filling a niche of selecting some of the best long treks in California. The side-trips, variations to add or subtract mileage, and mountaineering options make this book invaluable to the experienced weekend warrior.

* 20 treks (multi-day outings 30-90 miles in length)* Includes daily itineraries with camping options so you can choose your pace* Remote forays into Yosemite, Sequoia, and Kings Canyon National Parks* All in color: photography, maps, charts, and elevation profiles From the wild and rugged Lost Coast south of Eureka to the lofty summit of Mount Whitney, from the little-known Warner Wilderness Area in the northeast corner of California to remote areas of Yosemite National Park, Trekking California offers a deeper wilderness experience. This guide includes moderate treks that stitch together established trails for longer journeys and more challenging outings that require some cross-country travel and route finding to link one trail with another. Trekking California discusses variations on itineraries-including starting in the reverse direction-with suggested side trips and route directions for summit scrambles. It's chock-full of tables and charts for at-a-glance reference, including one that summarizes the distance between mileposts, a running total of miles, and elevation losses and gains between each milepost. This is your one-stop planner, offering an equipment checklist, menu planner, and list of photo opportunities for each trek. Paul Richins has a long and impressive resume as a hiker, climber, and ski mountaineer; he maintains the Backcountry Resource Center at www.395.com. The author of 50 Classic Ski and Snowboard Summits in California and Mount Whitney: The Complete Trailhead to Summit Hiking Guide, he lives in the Sierra Nevada foothills east of Sacramento, California.

There's a lot for your money in this book! Just get this book and go long! (Los Angeles Daily News) Bored with the same backpacking trips? Looking for something more adventurous? Richins appeals to experienced hikers and armchair adventurers alike... Descriptions are detailed and well written. (Fresno Bee) A smart and appetizing book. The first thing I noticed when opening this guidebook were the two-page relief maps. Big and colorful, they really give a reader an overall feel for the landscape. Charts and graphics pull the essential beta out for easy access. (Reno Gazette-Journal) Like a well-planned backpack trip with not an ounce of extra gear, Paul Richins' *Trekking: California* gives trekkers all they need to know about hiking deep into the Sierra and Cascades. This gem is attractive enough to keep an armchair hiker entertained for hours. The color coding and graphs are the frosting over the gorgeous photographs and superb maps—with type large enough to read without squinting. (Sacramento Bee) A well-appended guide. (Los Angeles Times) No-nonsense writing, solid information, planning tips, pep talks; large, colorful and detailed maps, elevation profiles and trail charts. (San Francisco Chronicle) Richins' descriptions are dead-on accurate. The maps, trail summaries, and graphs showing elevation changes are extremely helpful. (Klamath Falls Herald and News) From the Publisher: 20 treks (multi-day outings 30-90 miles in length) Includes daily itineraries with camping options so you can choose your pace. Remote forays into Yosemite, Sequoia, and Kings Canyon National Parks. All in color: photography, maps, charts, and elevation profiles. From the wild and rugged Lost Coast south of Eureka to the lofty summit of Mount Whitney, from the little-known Warner Wilderness Area in the northeast corner of California to remote areas of Yosemite National Park, *Trekking California* offers a deeper wilderness experience. This guide includes moderate treks that stitch together established trails for longer journeys and more challenging outings that require some cross-country travel and route finding to link one trail with another. *Trekking California* discusses variations on itineraries—including starting in the reverse direction—with suggested side trips and route directions for summit scrambles. It's chock-full of tables and charts for at-a-glance reference, including one that summarizes the distance between mileposts, a running total of miles, and elevation losses and gains between each milepost. This is your one-stop planner, offering an equipment checklist, menu planner, and list of photo opportunities for each trek. From the Author: Based on many years of backpacking and ski mountaineering experience in California's ruggedly-beautiful mountains, I have carefully-crafted this guidebook to include twelve treks that follow established trails to remote regions of the state's wildernesses and eight others that traverse seldom-trodden trail-less terrain linking one trail with another. Not only have I hiked each of the treks contained in the guide on foot but I have traversed many of the areas these treks pass through on mountaineering skis. Whether on skis, snowboard or snowshoes in the winter and spring or on foot in the summer and fall, the mountains have much to offer those willing to explore the vast reaches beyond the end of the last road. *Trekking California* is a resource for all outdoor enthusiasts regardless of experience and skill level. The first several chapters focus on the four principles of a safe and successful trek (planning, preparation, perseverance, and pack weight). The later chapters contain descriptions of multi-day treks for backpackers of all abilities: shorter treks ideal for the less experienced and cross country treks for the seasoned veteran. Several of the cross-country treks are difficult. Those attempting these excursions should have extensive route-finding experience and be in excellent physical condition. I was careful to describe the potential difficulties one might encounter on these cross-country treks; however, it is easy to get off-route where further complications can occur. An experienced hiker may be required to tackle these unanticipated difficulties. I hope you benefit from the guidebook but, more importantly, that you have many opportunities to safely enjoy the mountains of California. I would be happy to answer any of your questions. I can be contacted at prichins@jps.net. Enjoy, Paul Richins, Jr.