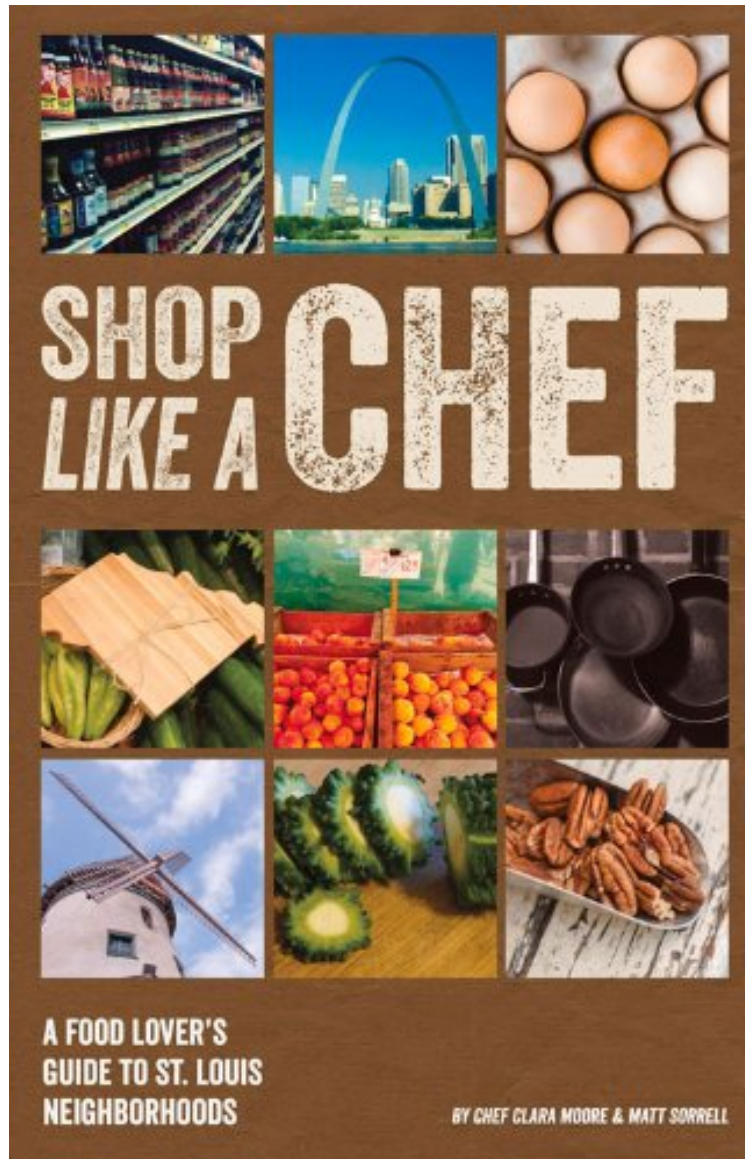


(Download ebook) Shop Like a Chef: A Food Lover's Guide to St. Louis Neighborhoods

Shop Like a Chef: A Food Lover's Guide to St. Louis Neighborhoods

Clara Moore, Matt Sorrell

ePub | *DOC | audiobook | ebooks | Download PDF



DOWNLOAD



READ ONLINE

#1740629 in Books 2013-11-01Original language:EnglishPDF # 1 8.90 x .70 x 5.70l, .70 #File Name: 189312195X249 pages | File size: 78.Mb

Clara Moore, Matt Sorrell : Shop Like a Chef: A Food Lover's Guide to St. Louis Neighborhoods before purchasing it in order to gage whether or not it would be worth my time, and all praised Shop Like a Chef: A Food Lover's Guide to St. Louis Neighborhoods:

1 of 1 people found the following review helpful. Chef Clara is here to school you.By Rosalind R. WilliamsThe best

shopping guide for anyone who lives and eats in St. Louis; and recipes are included so you can have a real reason to shop at these places. My personal favorite place to shop is Global Foods, because any place that has fresh okra, lentils, and noodles by the dozen, and spicy shrimp chips, is my kind of place. 0 of 0 people found the following review helpful. Five Stars By jennifer plaat It makes a great gift for people in St Louis who love food! 0 of 0 people found the following review helpful. Great Planning Tool By Donald Moore My wife and I like to take vacations in cities. We've been to many of the great cities in the United States. We are planning a trip this summer to St. Louis. When we travel we focus on 3 primary activities: 1) Eating in restaurants, especially various ethnic restaurants, that we can't find in our local community; 2) Visiting farmers markets, ethnic grocery stores, and other places food stuff is found; 3) Shopping at antique stores, malls, flea markets, estate sales, etc. "Shop Like A Chef" by Chef Clara Moore and Matt Sorrell has proven to be a great planning tool for our visit. In a consolidated place we could find the places to meet 1 and 2 on our lists and with the neighborhood guide we could quickly interface and compare the locations of eating and food markets with the antique shopping guides we have for the St. Louis area. This was a time saver and a real help in our planning. Additionally the book was an interesting read providing a wealth of information about St. Louis that I have not seen in any of the other materials we have including information from official city and visitor information sources. As avid cooks we have circled a couple recipes from the book to try, especially after we visit the stores and restaurants in a couple months. We will definitely look for similar guides to help us plan future trips. Great job.

~The Joy of Grocery Shopping~ A new book by Chef Clara Moore and St. Louis food and beverage writer Matt Sorrell that helps you... --Find exactly the ingredient you're looking for with its index of over 1,000 items. --Learn new foods, recipes, and skills. --Eat better. --Save money. --Support a range of local businesses and farmers. --Feel like a pro in St. Louis's gourmet and specialty shops. --Feel at ease in the region's ethnic grocery stores. --Go on international adventures in your own city. --In short: expand your culinary horizons in all directions. --And even: change the way you and St. Louis shop, cook, and eat! The shop (then cook and eat) local, seasonal, ethnic, and independent guide to St. Louis. Moore and Sorrell start with a simple idea: Tell home cooks where to go to get the ingredients and equipment they need or want. But then they layer inspiration onto the bounty of information, nudging you outside of your normal food gathering habits to explore the rich market culture of the St. Louis region to make grocery shopping exciting again, to make the unfamiliar more accessible, and to get you into the kitchen and cooking with new zest. Keep a copy of this book wherever you're most likely to need it...in the kitchen, in the glove box, or at the front door, ready for your next adventure. They've made it easy for you to customize Shop Like a Chef, creating your very own culinary field guide, road map, or scrapbook for St. Louis as you shop.