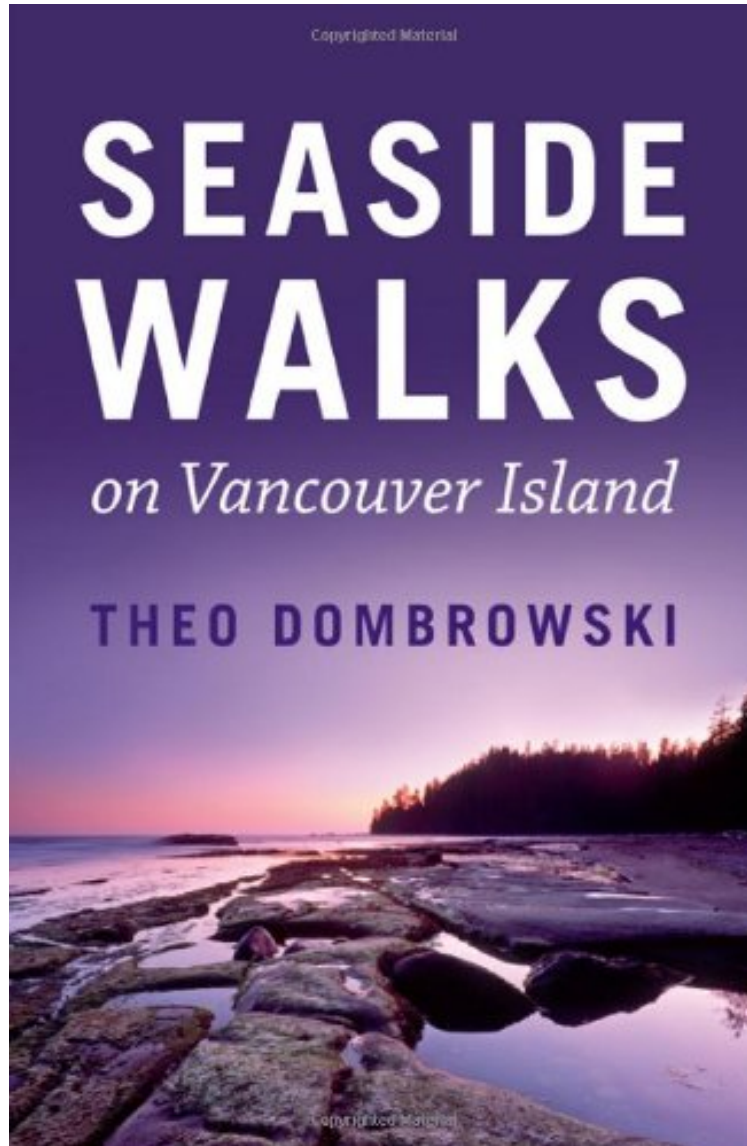


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## Seaside Walks on Vancouver Island

*Theo Dombrowski*

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**Theo Dombrowski : Seaside Walks on Vancouver Island** before purchasing it in order to gage whether or not it would be worth my time, and all praised Seaside Walks on Vancouver Island:

2 of 2 people found the following review helpful. Good photos, excellent detail By Lady of the Foothills This is one very well put thought out day hike book. This is the one book of Vancouver Island that gives all the info any walker/hiker needs. Good photos, excellent detail, very well priced. Highly recommended! 1 of 1 people found the following review helpful. Must hiking guide for Vancouver Island By T. Hyde This book is much better than the

average hiking guide. Great descriptions of seaside hikes on Vancouver Island. It is a must if you are going to hike anywhere on the beach on Vancouver Island. We did mostly the hikes in Tofino and Sooke.

This is the perfect book for those who love to explore the seashore but also love walking through forests and seaside meadows. Whether discovering inviting stretches of sandy beach, hiking along rugged cliffs or strolling through quiet estuaries, visitors to these trails will usually be far away from the crowds who chose to drive directly to the more popular, touristy beaches. Each of the walks in this book is accompanied by a colourful, easy-to-follow map and step by step descriptions of what to expect. By scanning through the clearly presented information, walkers can select an easy, level route suitable for all abilities, or a challenging wilderness trail perfect for the more adventurous. In addition they can look at the full-colour photographs accompanying each description in order to choose the most enticing outing. A large-scale planning map of Vancouver Island makes driving strategies easy, whether to the relatively sheltered east coast or the wild and rugged west coast. Complete with full-colour photos and maps, *Seaside Walks on Vancouver Island* is the only book of its kind and it will serve locals and tourists alike as an invaluable guide for lovers of both lush, coastal forests and ocean shores.

**About the Author** Theo Dombrowski is an artist, writer, kayaker, hiker, mountain biker and skier. He worked in international education for most of his career, primarily at Lester Pearson College, near Victoria, BC. Along with two guidebooks published by RMB | Rocky Mountain Books, *Popular Day Hikes 4: Vancouver Island* and *Seaside Walks on Vancouver Island*, he has also worked with Heritage House Publishing as the author of the *Secret Beaches* series of guidebooks and as the illustrator for two children's books, *Quests for Fire: Tales from Many Lands* and *A Book of Tricksters: Tales from Many Lands*. He donates some of the profits from his book projects to charity, principally the Georgia Strait Alliance and Mdecins sans frontiers (MSF) International. He lives in Nanoose Bay, British Columbia.