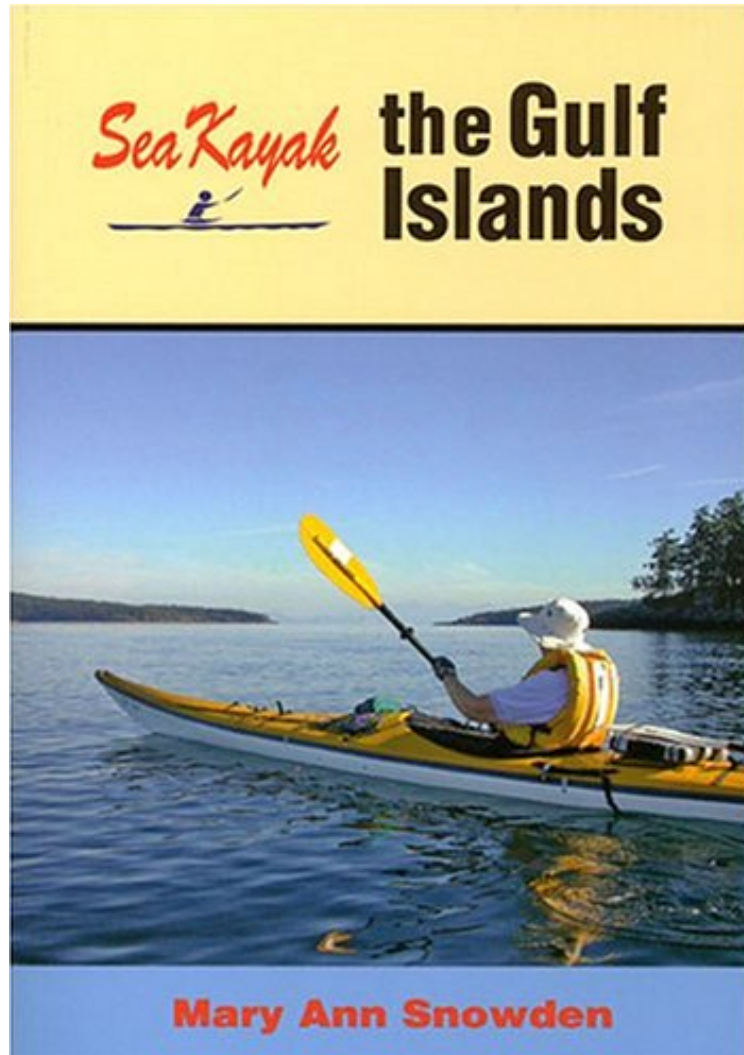


Sea Kayak the Gulf Islands

Mary Ann Snowden

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For the experienced and novice alike, this comprehensive guide leads paddlers through some of the best kayaking waters on the B.C. coast. Originally released in 1990 as *Island Paddling*, it remains the definitive resource for paddlers exploring the Canadian Gulf Islands. Each of the 23 trips outlined are headed with important information on tides, currents, safety considerations, charts and launching. Included in each route description is practical information on the different land jurisdictions, parks, campsites, suitable landings and paddling conditions. It is evident that this local author has spent countless hours exploring these waters and that she knows of what she writes. Any paddler stands to benefit from her honest and practical account of this area.

About the Author Mary Ann Snowden spent every available recreational hour on the water in the early '90s, and to this day continues to explore the waters surrounding the Gulf Islands. She has established a credible reputation within the paddling community and her first book *Island Paddling* has sold over 10,000 copies in the last 10 years.