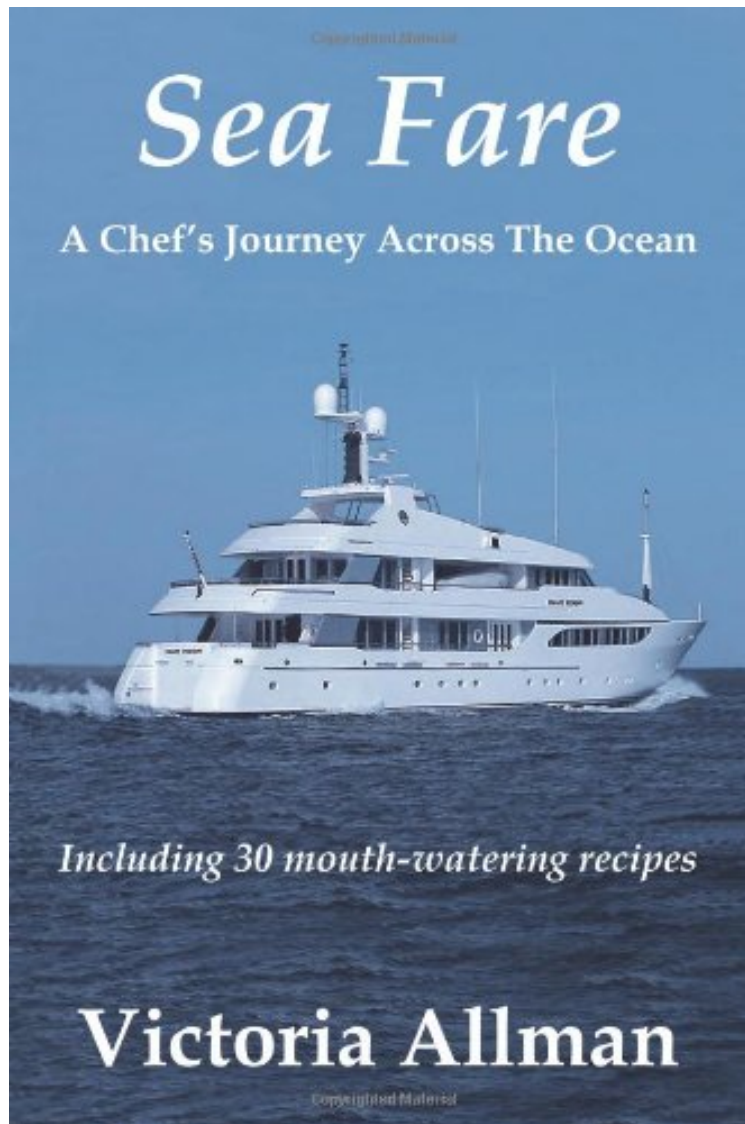


[Free read ebook] Sea Fare: A Culinary Odyssey

Sea Fare: A Culinary Odyssey

Victoria Allman

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Victoria Allman : Sea Fare: A Culinary Odyssey before purchasing it in order to gage whether or not it would be worth my time, and all praised Sea Fare: A Culinary Odyssey:

1 of 1 people found the following review helpful. Interesting But Not For CookingBy GrandmaVictoria Allman's Sea Fare has kept Grandma's full attention since early this morning. Really more a travelogue than a cookbook, Victoria shares some interesting places she's experienced around the world during her years working as a private chef aboard a yacht. Whether you call it a travelogue or a diary, Sea Fare is an interesting, sometimes funny and often informative

read - though it does have more than a few misspellings and omissions. A spot of editing would not be amiss here and there. Sea Fare also contains a number of recipes that Victoria has collected or developed in her travels around the world and while some of them cannot be accomplished in Vermont, a good number of them are very doable and look downright scrumptious. It is here, however, that Sea Fare falls flat. While the author does include a Table of Contents that lists each port of call that she writes about, she does not provide a list of the included recipes either as part of the Table of Contents or as a separate list in the Kindle version of the book. At least for cooking purposes the book is nearly useless, since there is no way to find whatever recipe you might actually like to cook. For that oversight, Grandma has subtracted a full star. Great book to take to the beach, but not recommended as a cookbook. 0 of 0 people found the following review helpful. Entertaining By Mama Sylvia Memoir of a young chef with wanderlust who hires onto a yacht and travels the world. I picked up this book free during an giveaway. Quite surprisingly enjoyable, although I suspect only for foodies. I love to cook and try new foods, so Allman's reports of cooking with and eating new-to-her ingredients intrigued me. She mostly avoided the tedious "I was born" flashbacks; what flashbacks she included were clearly relevant to her topic, travelling as a chef. Her writing style is direct and uncomplicated, but her sense of wonder lights up her words. The recipes didn't appeal to me but would probably interest someone less familiar with Caribbean fare. There are a few fact errors, such as when she refers to duck breast as "foie gras de canard," and some word misuse (such as "repelling" down a mountainside), but they are only briefly jarring. If she achieved this organization and readability without a professional editor, I'm very impressed. 0 of 0 people found the following review helpful. Fascinating Lifestyle combining World Travel and Food By Disney marvel My wife loves the Sea, World Travel Food. This book combines those two loves into a compelling story about a fascinating lifestyle. She's already looking for the second book.

Readers who enjoy travel writing and exotic cuisine will love every page of Sea Fare. This is the story of Victoria Allman, a wandering chef who followed her love of food around the globe. Culinary trained at the Statford Chef's School in Canada and the Culinary Institute of America, Victoria shares her nine-year cooking odyssey as a yacht chef. Victoria's pursuit of food knowledge led her to kitchens in Hong Kong, England, Vietnam, Tahiti, South Africa, the Caribbean, and Nepal. From misadventure to romance, her travel stories provide a perspective and depth of understanding that can only come from someone who's actually been there. Each new destination adds recipes and stories for Sea Fare: A Chef's Journey Across the Ocean.

When she isn't catching fish on hidden islands, immersing herself in fascinating cultures like Papua, New Guinea, or hanging out with colorful characters, she is serving up the most amazing meals and sharing her recipes and secrets. Victoria Allman is as good a writer as she is a cook. I loved reading the book. I wish I could have eaten it. --Rita Golden Gelman, author TALES OF A FEMALE NOMAD, Living at Large in the World. Chef Victoria Allman became hooked on travel following a trip to the Bahamas more than 10 years ago. Since that time she's caught, sauted, simmered and served her way through the Caribbean, Mediterranean, North America, Europe, Africa, and the South Pacific, from Australia to Tahiti. Sea Fare is her travel memoir of food, finding true love, and high seas adventure. --Miami ARTzine Acting on wanderlust breeds fantastic discoveries. Making it a lifestyle puts dreams into reality. In Sea Fare, Victoria presents a global collage of unscripted culinary experience that offers the reader an honest portrayal in the school of life. --Chef David Shalleck, author of MEDITERANNEAN SUMMER Allman's recipe is equal parts foodie-centric, glamour, and adventure, making for a delightful literary repast. --Seabourn Club Herald Sea Fare serves up a plate full of enthralling stories and delectable recipes, giving readers a taste of what it's like to stand in the flip-flops of a megayacht chef, in all of its exotic and harrowing glory. --The Crew Report About the Author Victoria Allman's sense of adventure allows her to thrive in the unpredictable world of yachting. She has eaten and cooked in dozens of exotic countries around the globe. To Victoria, the joy of travel lies in small things: discovering a perfectly ripe mango that drizzles juice down your chin when you bite into it, learning to make intricate Dim Sum bundles from a master chef in Hong Kong, and eating warthog grilled over a wood fire while on safari in South Africa. Imagine Imagine buying fish on board the yacht from an olive-skinned Italian wrinkle of a man with rough hands and bulging forearms; exhausting yourself landing a fish in Hemingway's Key West; swimming with dolphins in the pure, azure waters of the Caribbean; traveling up a muddy river, past wide-eyed children into the center of Papua New Guinea, or snorkeling the Bombay colored shallows of the South Pacific. This may seem like a crazy life, but sometimes crazy is downright normal.