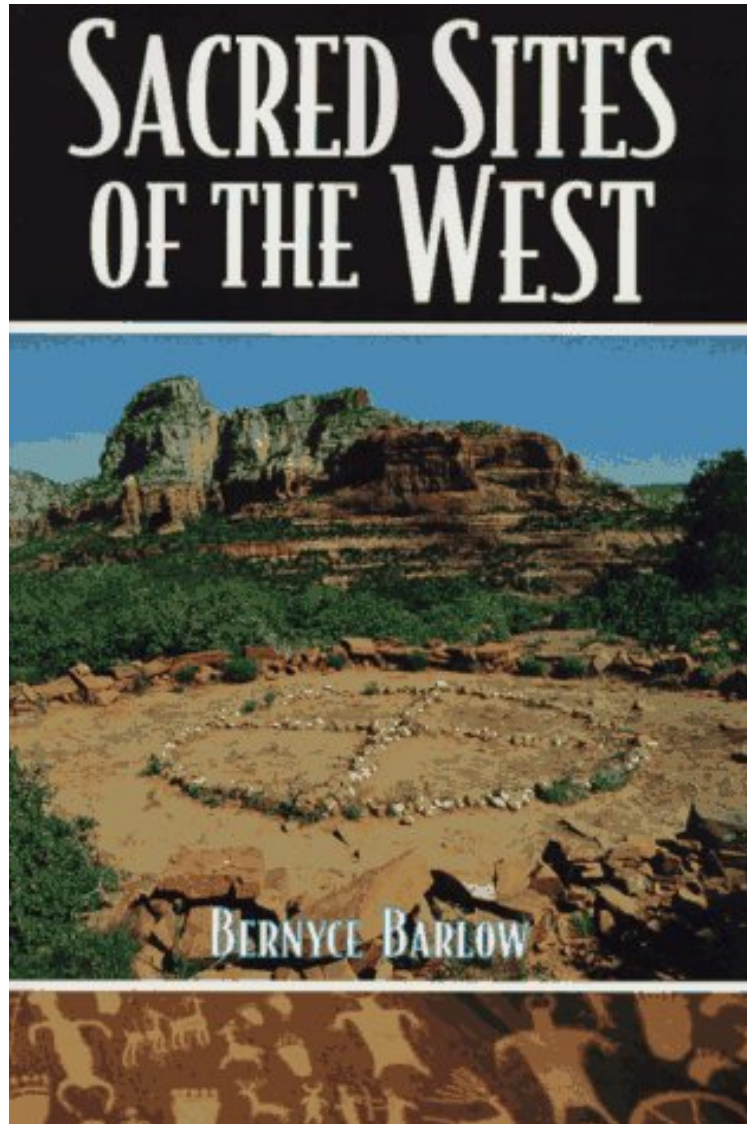


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Sacred Sites of the West

Bernyce Barlow

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Bernyce Barlow : Sacred Sites of the West before purchasing it in order to gage whether or not it would be worth my time, and all praised Sacred Sites of the West:

0 of 0 people found the following review helpful. GreatBy CustomerA great book. Shipped promptly.Overall. A+0 of 1 people found the following review helpful. Five StarsBy Jacob C.Arrived on time and no problems3 of 3 people found the following review helpful. Much More Than a Basic Book of Scared Places!By W.H. McDonald Jr.I was expecting something much less when I bought this book back in 1997 - what a pleasant surprise to find that the author Bernyce Barlow actually was giving the reader more than a geographic travel book. She actually has some

insightful observations and comments about these places. Her own understanding of their importance in our own search for personal sacredness in life comes across in this book. She covers all the known places like Mount Shasta and the City of Refuge in Hawaii - but she also comes up with some that new - at least to me. One in particular she refers to as the "Lourdes of America" - a little adobe chapel in New Mexico. So I felt that I got more than my money's worth out of this old tattered and torn and yellowing book that is about 10 years old now. I have personally gone through a couple of thousand books in the last decade but have kept only a significant few dozen - of which this volume is one. If you live in the west, or want to travel out west - you should by all means get a copy of this book to use as a travel guide. It is well written and easy to follow. The photos are a wonderful addition to the book. Her maps of the locations are general but one has no problem locating them on a real map or on Map Quest to find out how to get there. This book is also good for the arm chair traveler who cannot get out there and physically explore these places - the author makes them come alive for the reader and there is some value to be gained from just reading about them in her book. I personally recommend this book for all "spiritual journeys".

Discover the mystical powers of dozens of sites in the western half of the U.S. and Mexico in *Sacred Sites of the West* by Bernyce Barlow. *Sacred Sites of the West* is a travel guide to some of the most amazing areas in the world. Filled with numerous photos, including almost a dozen in full color, it shares personal experiences and folklore of the majesty and wonder of these sites. Included are goddess and warrior sites, healing centers, energy wellsprings, vision caves, and sites that have inspired those who hear the spirit of the place speak. Visit Cataract Canyon in Utah, a powerful sacred site with the Colorado River running through, providing an adrenaline rush for any who dare the rapids. Learn about the Indian Canyons near Palm Springs, California, where the spirits of ancient Indians still reside. Discover Mount Shasta in Northern California, the mystery mountain known for UFO activity and strange lights. Uncover the secrets of Montezuma's Well in Arizona, a huge, limestone sinkhole held sacred by Native Americans and kept secret from the Spanish who entered the region in the 1500s. See the high plateau in Montana called Ulm Pishkum, seemingly haunted by the friendly tribes who used to gather for ceremonies and barter. Wonder at the spiritual secrets of the Painted Desert of Arizona and its neighbor, the Petrified Forest. *Sacred Sites of the West* is a valuable addition to your knowledge of magical areas. If you use this book as a travel companion, you will experience the journey of a lifetime.

.com While science has given us a concrete understanding of the atom and has taken man to the moon, we have become ignorant of things as ancient as ley lines. (Originating at power centers, ley lines crisscross the earth to form an energy grid. Monuments such as Stonehenge are often located at power centers.) Bernyce Barlow attempts to counter this lack of knowledge by taking us on a tour of places in the western United States that ancient cultures knew to be charged by special energies but with which modern science has lost touch. More than just a tour guide, Barlow explains the theories of ion flows, Earth physics, and ley lines so that we not only know the "where" but the "why" and the best ways to experience the energies that exist in these places. From *Library Journal* In this unusual travel guide, Barlow, a Californian and retired educator and abuse therapist, describes natural energy centers throughout the American West, Hawaii, and Mexico. Biofields, the physics of matter, and energy anomalies have created natural phenomena that have the ability to influence us spiritually, mentally, and physically, she notes. Barlow particularly appeals to women as she describes goddess and warrior sites, centers of emergence, balance and harmony, petroglyphs, and springs and mountains that have powerful spirits of place. Although she cautions us to come prepared to these sacred sites, she provides no practical advice, directions, or traditional travel-guide information such as lodging and meals. Recommended only where interest in New Age topics is high. ?Janine A. Reid, Jefferson Cty. P.L., Lakewood, Colo. Copyright 1996 Reed Business Information, Inc. From *Booklist* Barlow broadly explores the idea that some locations are more spiritually compelling than others, then sets herself the task of documenting such sites in the western states. Many of the sites--Mounts Tamalpais and Baldy, Shasta canyons, the Joshua Tree National Forest, etc.--are in California; a similarly large number, including Canyon de Chelly and the Grand Canyon, are in Arizona, which perhaps makes the book undeniably attractive to western states' libraries. Lots of mythic and cultural details support Barlow's designation of these sites as sacred, and she also cites contemporary stories of healings and other transformations that took place in these places. Patricia Monaghan