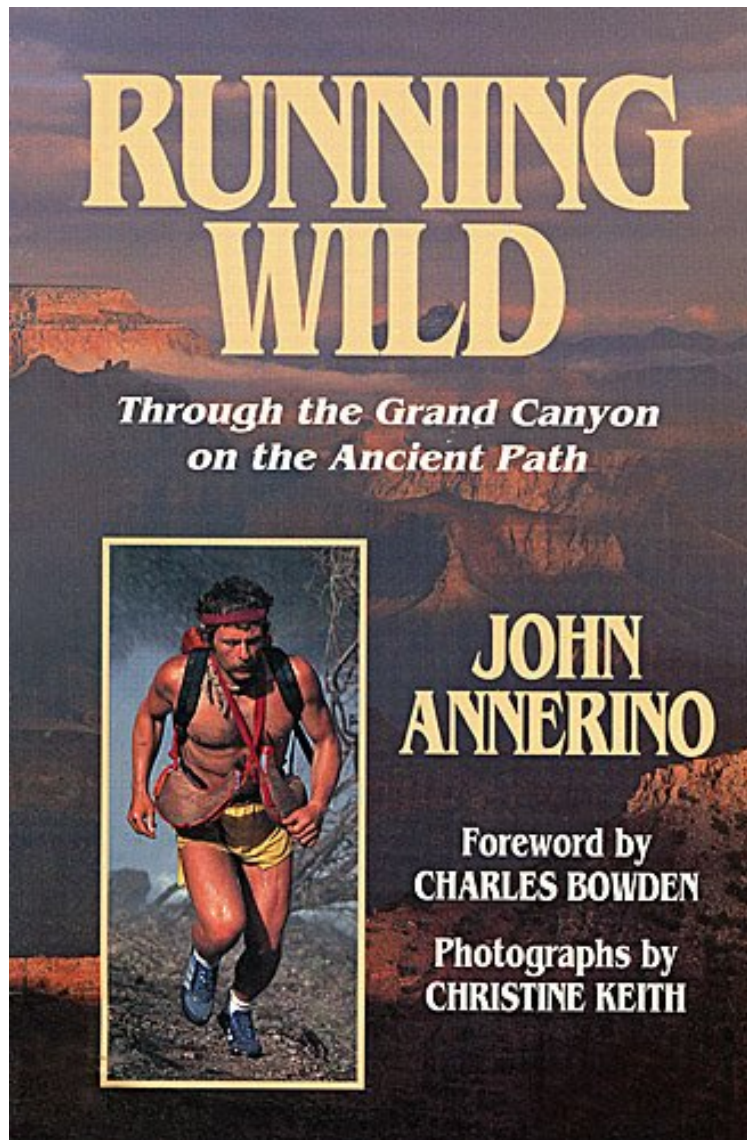


[Ebook free] Running Wild: Through the Grand Canyon on the Ancient Path

Running Wild: Through the Grand Canyon on the Ancient Path

John Annerino

**Download PDF / ePub / DOC / audiobook / ebooks*



[Download](#)

[Read Online](#)

#154561 in Books Harbinger House 1992-10Original language:EnglishPDF # 1 8.50 x 5.50 x .75l, #File Name: 0943173833206 pages | File size: 57.Mb

John Annerino : Running Wild: Through the Grand Canyon on the Ancient Path before purchasing it in order to gage whether or not it would be worth my time, and all praised Running Wild: Through the Grand Canyon on the Ancient Path:

In this story of rare triumph, John Annerino chronicles his progress from injury to recovery to victory. Badly hurt in a

climbed accident and told he would never run again, the author defied his doctors and his own overwhelming pain to run the length of the Grand Canyon three times, rediscovering Native American trade routes lost to modern knowledge. An incredible journey to the limits of physical and mental endurance, *Running Wild* takes you there and leaves you breathless.

"He nearly drowned. He battled heat, cold, thirst and exhaustion. When he was nearly done, a snake rattled inches from his feet." -- Los Angeles Times "Cheers to John Annerino, who . . . showed armchair America there are still some Richard Halliburton-style adventures to be found." -- The Arizona Republic "His journey of discovery becomes . . . a fervent quest to share in the way of an ancient culture. This work is an unconventional blend of earth science and mystical revelation, offering a view of the canyon as few have experience it." -- Library Journal "Some mysteries can't be solved. Is the human mind separate from the body. How did ancient runners cover stupendous distances through deserts and mountains? Dissatisfied with the lack of details about runners from the Hopi, Havasupai, and Apache, Annerino determined to find out through exploration what routes were followed by ancient runners, and how they survived on minimal rations of food and water...reading this book may increase one's respect and appreciation for the mountain man of the past and native dwellers he encountered in the lone places of the Old West." -- The Quarterly From the Back Cover "For us, *Running Wild* is a fantasy. Our legs our light, our feet our flying, and we glide, truly glide, over the roll of the land. The sun is up, the air is fresh, the stone is old, and we are free and at peace and the clocks have stopped because another kind of time has take over, one where the dead can speak and nothing ever really dies. The Canyon, well, they tell us the Canyon is called Grand, but we have moved past such words. Our feet are taking us right into the stone." -- Charles Bowden, author of *Blue Desert* About the Author John Annerino is an award winning author and photographer of 19 distinguished photography books, illustrated nonfiction books, magazine features, color maps, and single-artist calendars of the American West and Old Mexico. COLORADO PLATEAU WILD and BEAUTIFUL by the author is now available on .com