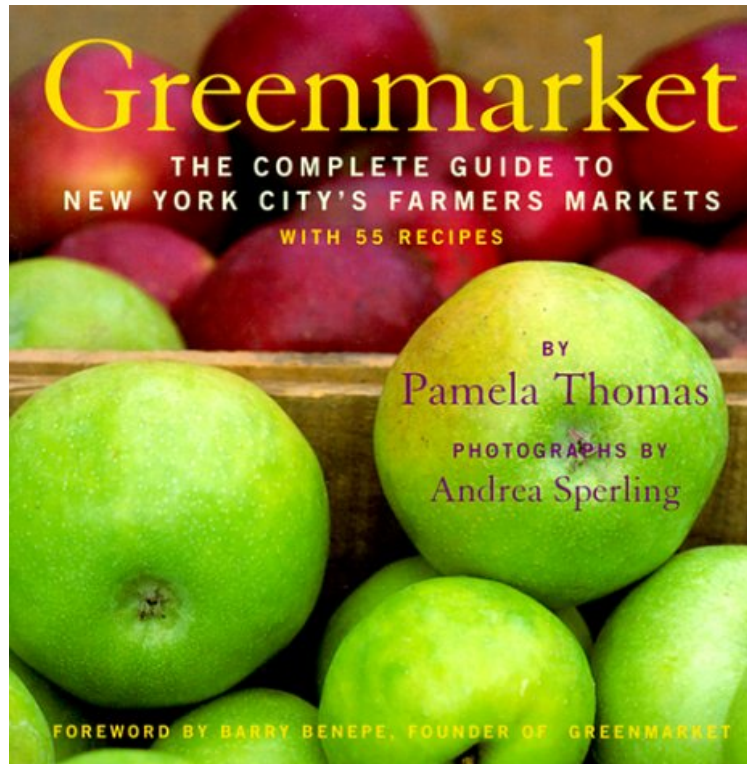


Greenmarket: The Complete Guide to New York City's Farmer's Markets : With 55 Recipes

Pamela Thomas, Andrea Sperling
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#6916098 in Books Stewart Tabori Chang 1999-05-01 Original language: English PDF # 1 7.00 x 1.00 x 7.00l, #File Name: 155670920X254 pages | File size: 69.Mb

Pamela Thomas, Andrea Sperling : Greenmarket: The Complete Guide to New York City's Farmer's Markets : With 55 Recipes before purchasing it in order to gage whether or not it would be worth my time, and all praised Greenmarket: The Complete Guide to New York City's Farmer's Markets : With 55 Recipes:

2 of 2 people found the following review helpful. You don't have to be a New Yorker to appreciate this book! By sheri j. thorne As someone who practically lives in the Union Square greenmarket, I greatly appreciate this very useful book. Perfect for both novice and gourmet chief alike (who frequently shop it the greenmarkets), it has excellent information about the selection, storing and preparation of the cornucopia of fruits and vegetables available in the greenmarkets. There are other useful sections about baked goods, cheese, flowers houseplants, fish seafood, honey other bee products, milk other dairy products, as well as poultry, meat game. What I found very useful was the harvest calendar, located in the front of the book. Thanks to this book, I was able to prepare vegetables that I had never used before. The recipes are quite good too. This is a book that I often use, and it is one that should find a home on every kitchen shelf. 5 of 5 people found the following review helpful. A wonderful handbook to selecting, cooking vegetables, etc. By A Customer Even if you don't live in New York, where Greenmarkets are THE place to buy the freshest and most delicious produce, you will use this book often. I frequently look up how to store different vegetables, and the photos help to figure out such things as which green is which. The recipes are simple, based as they are on being made from

the best and freshest produce. This book will inspire you toward a healthy use of vegetables. 0 of 0 people found the following review helpful. Also great if you are part of any CSA in or near NYC. By Three Moons I had picked this book up at a fundraiser for community gardens years ago and had forgotten about it--that is, until I finally got a spot in my local CSA (Community Supported Agriculture) collective. I found my copy and was reminded as to just what a great guide to NYC Greenmarket produce this is. It's well-illustrated and has a guide to many of the items that you'll find, and how to use them.

Features more than 150 fruits, vegetables, flowers, and prepared foods sold at New York farmer's markets