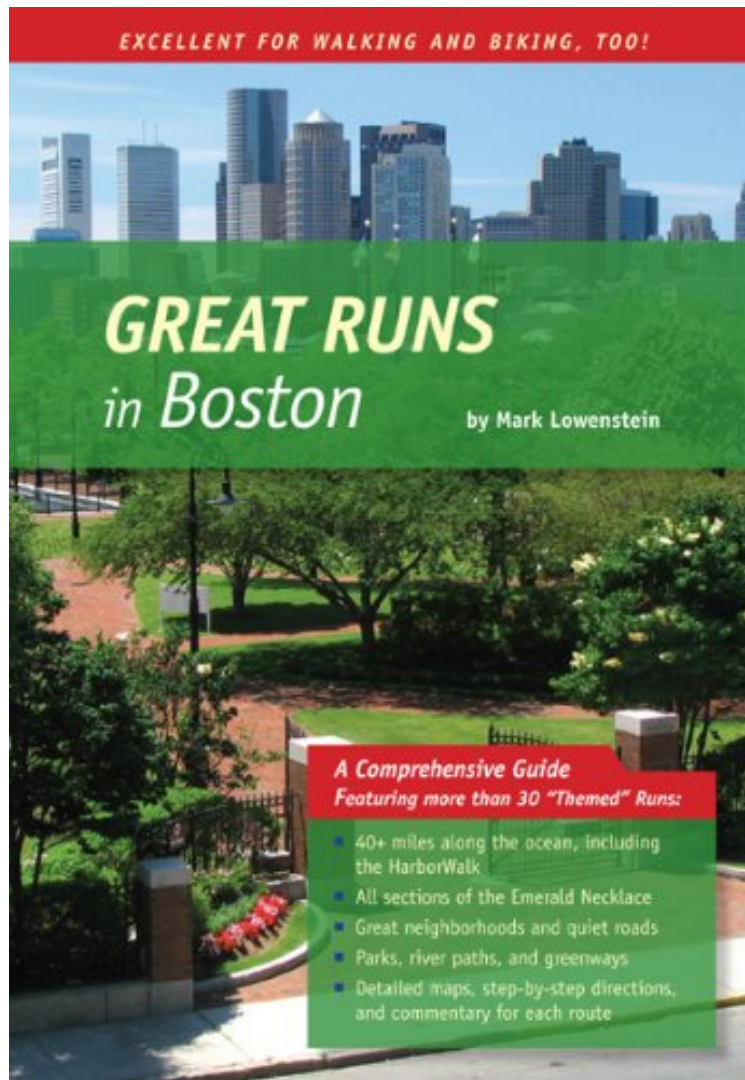


## Great Runs in Boston

Mark Lowenstein

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#3470638 in Books Ntl Book Network 2009-04-10Original language:EnglishPDF # 1 8.78 x .50 x 6.18l, .70  
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**Mark Lowenstein : Great Runs in Boston** before purchasing it in order to gage whether or not it would be worth my time, and all praised Great Runs in Boston:

0 of 0 people found the following review helpful. Great for Walking Too!By IslandWriterI bought this book because I am doing a Walk to Mordor (LOTR) challenge where myself and friends who've joined me must walk 1,779 miles in one year. So far the winter weather has prevented me from really getting out and trying the ideas in this book, but I love it just the same and can't wait for warmer weather to hit.This book is great because not only are there written directions, there are maps for everything that would allow you to go off the trail provided for you, should you wish to. Also, this book contains safety information about each location including lighting, bathrooms, water fountains, and

other very important information. Not just for runners, I can't wait to go out walking with this book!

Boston is one of the world's great running cities! Discover Boston's historic and hidden gems, with more than 30 "themed" runs around the city's intimate neighborhoods, waterfront, greenways, parks, and off-road paths. It is also the first time that routes for the entire HarborWalk, Emerald Necklace, Charles River Paths, and dozens of other iconic spots are all charted in one place! Each run starts in a central Boston location and features a detailed overview, step-by-step directions, map with mileage markers, and route commentary. This book is also a wonderful resource for walkers and hikers!

About the Author Mark Lowenstein is an avid recreational runner and outdoor enthusiast, having logged thousands of miles across dozens of Massachusetts communities and many other cities over the past 25 years. During his "day job", he is Managing Director of consulting firm Mobile Ecosystem.