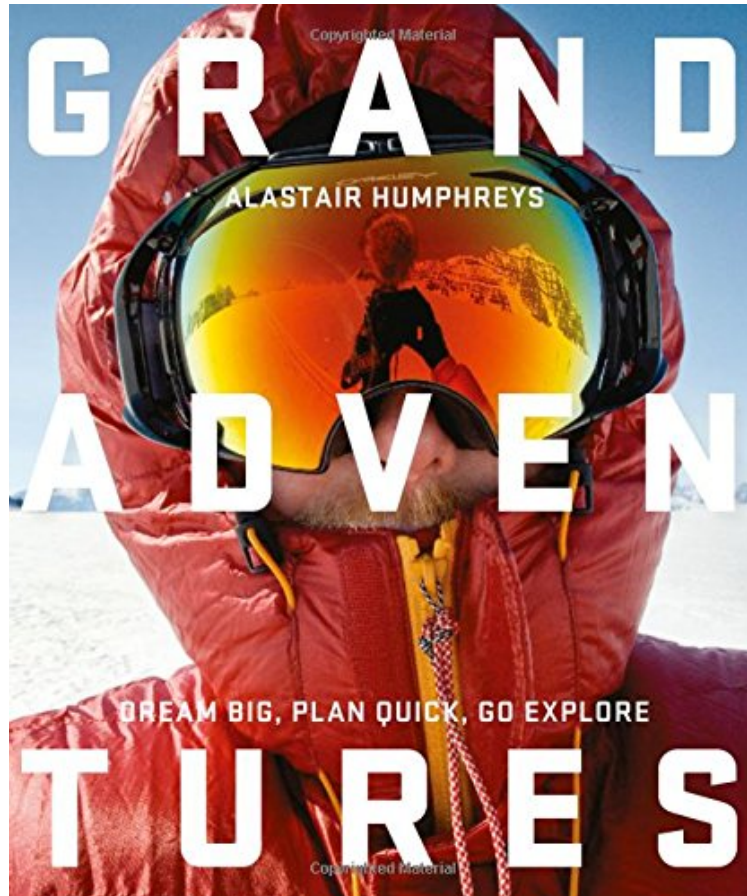


## Grand Adventures

*Alastair Humphreys*

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**Alastair Humphreys : Grand Adventures** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Grand Adventures:

0 of 0 people found the following review helpful. InspiringBy GriffenIf you loved Humphreys' book "Microadventures" you'll love this one too. This book is very inspiring and has a lot of great information about planning and executing a large or longer term adventure trip. Humphreys shares a ton of knowledge from his extensive experience. Anyone will want to drop their normal day to day routine and go for an adventure after reading this book.0 of 0 people found the following review helpful. Enjoyable but a bit disjointedBy AspireEnjoyable as are all his books. But not as good as Microadventures, which seemed more creative (the Kindle edition especially, with interactive videos). This one seemed too much like a collection of blog posts, a bit disjointed. But still, I support anything Alastair Humphreys is willing to do.1 of 1 people found the following review helpful. Make adventure happen!By Len BrevikJust go! The whole premise of the book is it doesn't take big bucks to go on an adventure. Multiple adventures profiled via bike, boat, foot, raft, etc. Great photography, interesting and inspiring profiles.

Enthusiastic, pleasingly madcap Geographical Adventure something that's new and exhilarating, outside your comfort zone. Adventures change you and how you see the world, and all you need is an open mind, bags of enthusiasm and boundless curiosity. So what's a GRAND ADVENTURE? It is the most life-changing, career-enhancing, personality-forging, fun adventure of your life. Following on from his popular Microadventures, in Grand Adventures Alastair Humphreys shines a spotlight on the real-life things that get in the way: stuff like time, money or your other commitments. Grand Adventures is also crammed with hard-won wisdom from people who have actually been there and done that: by boat and boot, car and kayak, bicycle and motorbike. People who had one epic trip then returned to normal life, or who got bitten so badly by the bug that they devoted their life to the pursuit of adventure. Young people, old people. Men, women. Mates, couples, families. Extraordinary, inspiring people. People like you. Saving your pennies, overcoming inertia, generating momentum, getting out the front door: if you want it enough, you can do it. Tiny steps to a grand adventure. Are you in?

Praise for Alastair Humphreys: Enthusiastic, pleasingly madcap Geographical Enormous determination, lateral thinking, and a love for life and adventure Sir Ranulph Fiennes I feel proud that our nation still produces nutters like you Major General G J Binns CBE DSO MCA About the Author Alastair Humphreys is a British adventurer, author, blogger, film-maker and photographer. He spent over four years cycling round the world, a journey of 46,000 miles through 60 countries and across five continents. More recently, Alastair has walked across southern India, rowed across the Atlantic Ocean, run six marathons through the Sahara desert, completed a crossing of Iceland, and participated in an expedition in the Arctic, close to the magnetic North Pole. He has trekked 1,000 miles across the Empty Quarter desert and 120 miles round the M25 motorway one of his pioneering microadventures. He has written nine books and has been named as one of National Geographics Adventurers of the Year.